



INFO Share

September 2024

This consolidated list of resources, information and professional development opportunities is compiled from multiple sources by the Early Parenting Program of Child, Youth & Families Services, South Eastern Sydney Local Health District. To access additional information outlined in the INFO Share you will need internet access. New additions to the conference and workshop calendar from previous months are highlighted as **NEW**.

Any queries about events should be directed to the contact person listed in the description.

If you would like an event, conference or workshop included please contact Helen.Rogers@health.nsw.gov.au

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NEWSLETTERS

Australian Institute of Family Studies (AIFS) News [7 Aug](#) | [4 Sep](#) 2024

Australian Research Alliance for Children & Youth (ARACY) [23 Aug](#) | [6 Sep](#) 2024

CFCA News [21 Aug](#) 2024

Health Translation News | [4 Sep](#) 2024

Emerging Minds Newsletter [15 Aug](#) | [30 Aug](#) 2024

International Journal of Birth and Parent Education [Vol 11 Issue 4 2024](#)

Midwifery Research Review [Issue 17](#)

Paediatric Research Review [Issue 49](#)

OPEN FOR CONSULTATION

[Draft National Roadmap to Improve the Health and Mental Health of Autistic People \(Autism Health Roadmap\)](#) The Department of Health and Aged Care are now inviting health professionals to provide feedback on the Draft Autism Health Roadmap. The Draft Autism Health Roadmap was developed through a national co-design process, incorporating input and guidance from the Autism Health Roadmap Working Group and aims to address issues faced by Autistic people in the Australian healthcare system. Submission by 27 September. [More>](#)

[The Australian Pregnancy Care Guidelines](#) These guidelines are being actively updated and are based on the 2020 Australian Clinical Practice Guidelines: Pregnancy Care. Recommendations and other content will be progressively updated. The date of approval is stated below each recommendation. Comments on all recommendations can be submitted at any time using the 'Feedback' link [Here>](#)



NEW RESOURCES & PUBLICATIONS

Aboriginal and Torres Strait Islander Communities

[Improving cultural safety: Recommendations for child protection practitioners](#) This short article discusses the importance of cultural safety and provides guidance for non-Indigenous practitioners to create a more culturally safe environment for First Nations peoples. [More>](#)

Aboriginal and Torres Strait Islander Communities

[Understanding cultural safety for Aboriginal children and young people](#) This guide, developed by the Commission for Children and Young People, helps professionals and organisations working with Aboriginal children and young people to understand cultural safety and how to establish culturally safe environments. It includes practical tips and tools that will help you meet the requirements of Child Safe Standard 1 and make your organisation a safer place for children and young people. [More>](#)

[First Nations women are at greater risk of stillbirth. Here's why – and what we can do about it](#) Australian national data show First Nations women face almost twice the risk of stillbirth or “sorry business babies” compared to non-First Nations women. To address this inequity, Australia’s national stillbirth action plan focuses on ensuring culturally safe stillbirth prevention and care for First Nations women. [More>](#)

[NSW Government supports first Birthing on Country program](#) The Minns Labor Government is investing \$21.3 million to create Australia's first Aboriginal-owned, midwifery-led birth centre in Nowra. The Gudjaga Gunyahlamai Birth Centre will provide culturally safe maternity care, improving outcomes for Aboriginal women and families. This initiative supports the Birthing on Country model and complements existing health services in the South Coast region. [More>](#)

[Special Issue in partnership with the Lowitja Institute: centering Indigenous knowledges](#) This Special Issue of the Medical Journal of Australia is in partnership with the Lowitja Institute, Australia's only national Aboriginal Community Controlled Research Institute. This inaugural partnership publication has been timed to coincide with NAIDOC week — with the theme “Keep the fire burning! Blak, loud and proud” — and recognises and celebrates Aboriginal and Torres Strait Islander leadership and excellence in health and medical research. [More>](#)

[Implementing the cultural determinants of health: our knowledges and cultures in a health system that is not free of racism](#) Centring ways of being, knowing and doing rightfully places our knowledges and cultures, visibly, in the work that we do as policy actors, who have relational and obligatory responsibilities, to our families and communities, relating to respect, reverence and reciprocity. [More>](#)

[Postpartum contraception videos for Aboriginal communities](#) developed in partnership with Sydney University, these videos explain why it is important to leave sometime between each pregnancy and how you can use birth control (contraception) after having your baby. They show the different types of contraception. You can also learn where to find support and information to help you make the decisions that are right for you. [More>](#)

[Looking after bubba for all our mob: Aboriginal and Torres Strait Islander community experiences and perceptions of stillbirth](#) The stillbirth rate among Aboriginal and Torres Strait Islander women and communities in Australia is around double that of non-Indigenous women. While the development of effective prevention strategies during pregnancy and improving care following stillbirth for women and families in communities has become a national priority, there has been limited progress in stillbirth disparities. With community permission, this study aimed to gain a better understanding of community experiences, perceptions, and priorities around stillbirth. [More>](#)



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Aboriginal and Torres Strait Islander Communities

[Understanding culture and social and emotional wellbeing among young urban Aboriginal people](#) This article looks at the role of connection to culture in the social and emotional wellbeing of urban young Aboriginal people. It considers how practice can support greater wellbeing via connection to culture. It also considers how services can improve their engagement with young urban Aboriginal and Torres Strait Islander people. [More>](#)

[Resources to support culturally safe service delivery to Aboriginal and Torres Strait Islander peoples](#) a list of resources and organisations that can support non-Indigenous practitioners and organisations in the child, family and community sector to provide culturally safe service responses to Aboriginal and/or Torres Strait Islander people, families and communities. [More>](#)

[“Yarning about Aboriginal Women’s Health Business, Taking control of our health – Cervical screening saves lives”](#) The four-minute video and four short social media videos encourage Aboriginal women to participate in the national cervical screening program, which now includes the option of collecting your own sample for testing. [More>](#)

[Our Woven Ways: Connecting practitioners with the experiences of Aboriginal and Torres Strait Islander children and families](#) Created in partnership with the Menzies School of Health Research and the Aboriginal and Islander Mental Health Initiative (AIMhi), Our Woven Ways encourages non-Indigenous practitioners to challenge the deficit discourse surrounding Aboriginal and Torres Strait Islander parenting and use a trauma-informed, strengths-based approach that focuses on the resources, capacities and resilience of families and communities. [More>](#)

[Coming to terms with the past? Identifying barriers and enablers to truth-telling and strategies to promote historical acceptance](#) This report, published by Reconciliation Australia, aims to advance understanding of what truth-telling is, the key barriers and enablers of engagement with truth-telling and First Nations histories, and implications of these findings for progressing truth-telling in community settings. The report includes considerations for planning and delivery of effective truth-telling initiatives. [More>](#)

[Ethics in Aboriginal and Torres Strait Islander health research](#) The Lowitja Institute has released a policy discussion paper highlights reforms needed to ensure Aboriginal and Torres Strait Islander health research is conducted to the highest ethical and governance standards, with the greatest impact on improving health outcomes for communities. [More>](#)

Pregnancy and Birth

[NSW Mothers & Babies 2022](#) Find information on the number of births across NSW in 2022, recent trends in the health of mothers and babies in NSW, maternity services provided by hospitals, and the health of Aboriginal mothers and babies. [More>](#)

[Vaping during pregnancy: a systematic review of health outcomes](#) Smoking during pregnancy is harmful to maternal and child health. Vaping is used for smoking cessation but evidence on health effects during pregnancy is scarce. We conducted a systematic review of health outcomes of vaping during pregnancy. [More>](#)

[Midwifery Pathways in Practice \(MidPIP\): a hub of information and resources for midwives](#) a hub of information and resources for midwives and those who support midwives. The hub has been co-designed with a diverse midwifery group. Topics include pathway to midwifery, pathway in practice, pathway of leadership, and mentoring in midwifery, as well as tools and resources for education, support, and professional practice for midwives. [More>](#)



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Pregnancy and Birth

[Sleep during pregnancy](#) Raising Children Network article looks at the importance of getting enough rest and sleep while pregnant is important for pregnant women's physical, emotional and mental health, as well as for the baby's growth and development. The article covers recommends sleep times and positions during pregnancy and what to expect when sleeping at different stages of a pregnancy. [More>](#)

[Epidural analgesia during labour and severe maternal morbidity: population based study](#) This cohort study of 567,216 births in Scotland aimed to determine whether epidural analgesia in labour reduces the risk of severe maternal morbidity, and to explore whether this effect might be greater in women with a medical indication for epidural analgesia during labour, or with preterm labour. [More>](#)

[The relationship between traumatic childbirth and first-time mothers' social identity and wellbeing: a cross-sectional observational study](#) Experiencing childbirth as traumatic is common and can have long-lasting negative consequences for women's mental health. This study investigated the relationship between traumatic childbirth and first-time mothers' social identity and their psychological wellbeing, and more specifically whether strength of identity as a first-time mother protected psychological wellbeing following traumatic childbirth. [More>](#)

[Barriers and facilitators when implementing midwifery continuity of carer: a narrative analysis of the international literature](#) Midwifery continuity of carer (MCoC) is a model of care in which the same midwife or small team of midwives supports women throughout pregnancy, birth and the postnatal period. In this narrative review and synthesis of the global literature on the implementation and sustainability of midwifery continuity of carer, we identify barriers to, and facilitators of, this model of delivering maternity care. [More>](#)

[Experiences of antenatal care practices to reduce stillbirth: surveys of women and healthcare professionals pre-post implementation of the Safer Baby Bundle](#) SBB aimed to reduce stillbirth rates in Australia through improving pregnancy care across five elements; smoking cessation, fetal growth restriction (FGR), decreased fetal movements (DFM), side sleeping in late pregnancy and decision making around timing of birth. We assessed experiences of women and healthcare professionals (HCPs) with antenatal care practices around the five elements. [More>](#)

Infant, Child and Family Health and Wellbeing

[Core care conditions for children and families: Implications for policy and practice](#) This report describes the core care conditions that young children, their parents / caregivers and their families need to flourish. Core care conditions are the key features of the social and physical environments in which young children and their families live that are important for optimal development and functioning. [More>](#)

['Help way earlier!' – transforming child justice](#) How Australia can transform child justice to improve safety and wellbeing investigates opportunities for reform of child justice and related systems across Australia based on children's rights and sound evidence. The report includes the voices of children and their families, and stakeholder submissions, interviews and roundtables. [More>](#)

[Positive childhood experiences protect heart health Cardiovascular disease \(CVD\)](#) contributes to a significant burden of disease worldwide. This makes the promotion of good heart health throughout the life course a major public health priority. Experiences of childhood adversity have been linked to CVD later in life, but less is known about the more immediate effects on child heart health. [More>](#)



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Infant, Child and Family Health and Wellbeing

[Webinar recording: The Early Years Strategy 2024-2034](#) Presented by ARACY and the Australian Government, this webinar presented an outline of the Early Years Strategy 2024-2034 and updates on the next steps. The Strategy aims to create a more integrated, coordinated approach to Commonwealth policy and investment in early childhood across Australian Government portfolios to better deliver outcomes for young children aged 0-5 and their families. [More>](#)

[The effects of adverse and positive experiences on cardiovascular health in Australian children](#) Limited evidence suggests that positive experiences in childhood may promote cardiovascular health, providing additional opportunities for prevention and early intervention. This study aimed to examine the effects of adverse and positive experiences on cardiovascular health in late childhood. [More>](#)

[Children Australia access to the published archive for free](#) One of the aims of Children Australia is to highlight the diverse evidence that informs practice and policy to support better outcomes for children, young people and families. The journal publishes research evidence, commentary, cultural knowledge and practice wisdom from practitioners, clinicians, academics, researchers, students, policymakers, children, young people, carers, and parents. [More>](#)

[Barriers and enablers to promoting grandchildren's physical activity and reducing screen time: a qualitative study with Australian grandparents](#) With an increasing number of grandparents providing care to their grandchildren, calls have been made for these caregivers to be considered important stakeholders in encouraging children's engagement in health-promoting behaviors, such as physical activity. Understanding the perspectives of grandparents who provide care is crucial to informing efforts that aim to increase children's physical activity, yet little is understood about their perceptions of specific barriers and enablers to promoting children's physical activity and reducing screen time. [More>](#)

[Paediatric sepsis](#) This new Lancet Series unequivocally calls for targeting paediatric sepsis as a key contributor to poor health outcomes through strengthened collaboration and tailored initiatives, presents a case for sustainable and scalable quality improvement across paediatric critical care, and proposes a research roadmap to ending sepsis as a threat to child health globally. [More>](#)

[Improving the safety and wellbeing of vulnerable children](#) This study aims to provide a national focus for reforms to the child protection and youth justice systems by examining the nature of recommendations from 61 reports and inquiries into these systems between the years of 2010 and 2022. [More>](#)

[Father-specific engagement strategies in parenting interventions](#) Understanding how to engage fathers in parenting interventions enables child and family practitioners to better help fathers build their parenting skills and share the responsibility for their child's overall wellbeing. This article summarises key findings from a systematic review on father engagement in parenting interventions, as well as the barriers to father engagement [More>](#)

[Staying healthy: Preventing infectious diseases in early childhood education and care services - 6th edition](#) NHMRC Staying healthy is a best-practice resource that provides simple and effective ways for educators and other staff to help limit the spread of illness and infectious diseases in education and care settings. This edition also includes updated scenarios based on real-life situations that illustrate the key messages and appropriate actions to take. Fact sheets on symptoms and diseases have also been added to the new guideline. [More>](#)



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Multicultural Health + Translated Resources

[Barriers and enablers to accessing child health resources and services: Findings from qualitative interviews with Arabic and Mongolian immigrant mothers in Australia](#) The aim of this study was to explore the resources used and trusted by Mongolian- and Arabic-speaking migrant mothers in Australia for child health information and examine how they navigate and overcome challenges they encounter accessing this information. [More>](#)

[1800 Respect Culturally and Linguistically Diverse \(CALD\) communities resources](#) aim to help increase awareness of the following key messages: How to access free and confidential support as a visa holder, Domestic and family violence is not just physical, Forced marriage is against the law, Support is available if you feel unsafe. [More>](#)

[Responding to health literacy of refugees in Australian primary health care settings: a qualitative study of barriers and potential solutions](#) This qualitative study examined barriers to implementing health literacy responsive care practices in primary health care settings in Australia. It also offered suggestions to potentially address the barriers to improving organisational health literacy. [More>](#)

[2- 8 September 2024 Multicultural Health Week: Celebrate culture through food with multicultural family lunchboxes](#) A healthy lunch can help you and a family have plenty of energy to work, learn and play during the day. Packing a lunchbox with healthy foods including vegetables and fruits can lower your risk of cancer and chronic illnesses like heart disease. [More>](#)

[The NSW Health Breastfeeding your Baby page](#) has information on all the support services available for breastfeeding. The page is available in English, Arabic, Chinese Simplified and Vietnamese. [More>](#)

[Autism: What is it?](#) The Raising Children Network has developed a new range of translated resources specifically for parents of autistic children. These resources are designed to provide valuable support and information to parents as they navigate the complexities of child development and autism. [More>](#)

[Culturally responsive understandings and strategies for promoting children's health and wellbeing across diverse communities](#) This series of two papers captures how using culturally responsive practice can support children's mental health and wellbeing when working with families across different cultural backgrounds. [More>](#)

[Translated Health Resources for Refugee Communities](#) new multilingual health resources to support those working with refugee communities include:

- Domestic and family violence resources: [audio/video](#), [script](#), and [poster](#) available in up to 21 languages
- [Relationship 101 booklet](#) in 18 languages
- [Translated health resources](#) for refugee communities
- [Testimonial videos](#) from health and community workers engaging with refugee communities. [More>](#)

[Contraception-information videos in Arabic, Cantonese, Hindi and Mandarin](#) In Australia, young women who reside in rural and remote areas, as well as those from culturally and linguistically diverse (CALD) backgrounds, are more likely to experience an unintended pregnancy than their urban and non-CALD counterparts. These educational video discuss the different contraceptive methods available in Australia. [More>](#)

[Jean Hailes Women's Health translated resources](#) cover health topics such as anxiety, the cervical screening test, menopause, periods and heavy periods, and [More>](#)



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Multicultural Health + Translated Resources

[STI and HIV Factsheets: Available in multiple languages](#) The International Student Health Hub heard from students that they wanted more information on common STIs and HIV in the style of factsheets. Written in Plain English and translated into Hindi, Mandarin, Nepali and Thai. 'The STI Facts' series to share information with students on:

- What are STIs?
- How do I know if I have an STI?
- How can I protect myself from STIs?
- When should I get an STI test?
- Where can I find more information? [More>](#)

[STARTTS' Free Training Website](#) access a wealth of knowledge through our free on-demand webinars, expert presentations and case studies provide clinical excellence and innovative approaches to the treatment of torture and refugee trauma. [More>](#)

See also [Health Translation News 4 Sep 2024](#)

Domestic and Family Violence, Trauma, Sexual Assault and Child Protection

[The Domestic, Family and Sexual Violence Commission — Yearly Report to Parliament](#) This report presents the Commission's view on progress towards the objectives in the National Plan to End Violence against Women and Children 2022-2032. This report highlights best practice in engaging with people with lived experience and identifies gaps and opportunities for improvements in reaching the National Plan objectives. [More>](#)

[Recognising and responding to non-accidental injuries in children](#) This short video assists health workers in NSW to recognise and respond to the signs or "red flags" of non-accidental injuries in children. It is a clear and concise resource that introduces sensitive and complex issues. Viewer discretion is advised. [More>](#)

[Supporting children and families to flourish Putting human relationships at the centre of transformational reform of the child protection and out-of-home care system in NSW](#) This report articulates steps to advance a course change on child protection in NSW. It outlines 11 key opportunities to focus the system on the holistic needs of children and towards empowering families and communities through a relational approach to care. [More>](#)

[Consent Can't Wait Campaign](#) the Australian Government national campaign to help reduce the incidence of sexual violence in Australia by improving community understanding and attitudes on consent and respectful relationships. The campaign helps adults be informed and understand consent, so they feel comfortable and confident having conversations with young people. [More>](#)

[Engaging with victims and survivors of child sexual abuse: A practice guide for workers and organisations: An Australian Government initiative](#) The practice guide provides evidence-based information and comprehensive resources to help shape how workers and organisations respond to children, young people and adults who are victims and survivors of child sexual abuse. The practice guide aims to assist all workers engaging with victims and survivors, including specialist sexual assault services, generalist service providers and other frontline organisations that engage with children, young people and adults. [More>](#)

[Child protection Australia 2021–22](#) This is the final update in the Child Protection Australia 2021-22 reports by AIHW. This report presents data on children leaving the out-of-home care system and includes the Permanency Outcomes Performance Framework indicators and National Standards for Out-of-Home Care indicators. [More>](#)



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Domestic and Family Violence, Trauma, Sexual Assault and Child Protection

[Workplace technology-facilitated sexual harassment: Perpetration, responses and prevention](#) Ever evolving technologies in the workplace create new mediums for sexual harassment, and employers and staff need support on how to prevent and respond to the potential harms. This project conducted by a team at Monash University, offers crucial insights to aid Australian employers and policymakers in understanding and combating workplace technology-facilitated sexual harassment (WTFSH) effectively. [More>](#)

[Differential Intervention Outcomes Among Fathers Who Commit Domestic and Family Violence: The Influence of Parental Relationship Status](#) This study from the Journal of Family Violence investigates whether participating fathers improved their co-parenting interactions, family functioning and wellbeing, and considered father characteristics and relationship statuses that coincided with positive outcomes. [More>](#)

[Violence towards refugee and migrant women often goes undetected. We've found a way to help fix that](#) According to the Australian Institute of Criminology, the number of women killed by partners increased by 28% from 2022 to 2023. While the overall homicide rate remains low, the numbers were decreasing prior to 2022. One of the most vulnerable groups in our society are women from refugee and migrant backgrounds. Around one-third of these women are estimated to experience violence from their partners. As they're less likely to disclose, they are also more likely to remain in abusive relationships than other women. [More>](#)

[Men's behaviour change programs are key to addressing domestic violence](#) this study shows how we can improve them Men's violence against women in Australia is recognised as a national crisis. There is a need to hold perpetrators to account for their abusive behaviour. Men's behaviour change programs are a key component of the broader strategy to hold men accountable for their actions and prevent future abuse. [More>](#)

Women's Sexual and Reproductive Health

[Health checks for women poster](#) a handy guide to the health checks women need, and when to get them. [More>](#)

[Postpartum contraception videos for CALD communities](#) explain why it is important to leave sometime between each pregnancy and how to use contraception after having your baby. Available in multiple languages. [More>](#)

[Notification rates for syphilis in women of reproductive age and congenital syphilis in Australia, 2011–2021: a retrospective cohort analysis of national notifications data](#) Retrospective cohort study; analysis of national infectious syphilis and enhanced congenital syphilis surveillance data. Women aged 15–44 years diagnosed with infectious syphilis, and babies with congenital syphilis, Australia, 2011–2021. [More>](#)

[Babies infected with syphilis are part of a growing tragedy – one that could be easily prevented](#) Data just published online shows an increase in infectious syphilis cases in women living in Australia aged 15–44 and a subsequent rise in transmission from pregnant parent to child. Congenital syphilis is easily prevented through timely testing and treatment of syphilis during pregnancy. Left untreated, congenital syphilis can have devastating outcomes in more than 50% of cases including miscarriage, stillbirth, neonatal death and permanent disability. [More>](#)

[The resurgence of congenital syphilis in Australia: novel approaches and sustained, effective public health efforts are required](#) In the past, syphilis outbreaks have occurred where there is socio-economic disadvantage and health services are unable to provide adequate testing, treatment, and sexual partner management. Reversing the increase in congenital syphilis numbers is achievable only if syphilis control measures are sufficiently targeted and intense to reduce syphilis rates among women of reproductive age. [More>](#)



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And more

[Australia's health 2024: in brief](#) presents a summary of the state of health in Australia, with key findings on the health system, the health of Australians and factors that can influence our health. The report highlights the urgent need for a holistic approach to young people's health. This means investing in mental health support, promoting social and emotional learning, and creating safe and inclusive environments. [More>](#)

[Australia's health visualised](#) The latest biennial report from the Australian Institute of Health and Welfare (AIHW) on the overall health of Australians seeks to measure these vital indicators. Among other insights, it shows COVID has had a significant effect on Australians' health. The virus was the third leading cause of death in 2022 - the first time in more than 50 years an infectious disease has been in the top five - and may go some way to explaining why we've not seen an increase in life expectancy since the last report. [More>](#)

[Women with Disabilities Australia](#) new website co-designed by and for women, girls, feminine identifying, and non-binary people with disabilities. [More>](#)

[A woman-centered approach to weight stigma](#) When promoting or treating a woman's health, focusing on her body shape, weight, or size without considering what impacts her, her access and decision making over time is an act of weight stigma - even if unintentional. Weight stigma impacts one in two women, and can increase stress and depressive symptoms, create disengagement from healthcare and ultimately lead to poorer health outcomes. It is considered one of the last socially and medically 'acceptable' forms of discrimination. [More>](#)

[Principles for doing trauma informed research](#) This practice guide provides an understanding of what trauma-informed research is, an appreciation of the value of considering trauma throughout the research process, and knowledge of high-level principles of trauma-informed research that can be applied within projects. [More>](#)

[How to do trauma-informed research and evaluation](#) This practice guide outlines strategies and concrete tips for designing and conducting research and evaluation that is trauma informed. It also provides information on the quality and nature of the evidence and research literature that the principles and strategies are based on. [More>](#)

[Common myths & misconceptions about racism guide](#) Myths and misconceptions often prevent us from having meaningful conversations about race or addressing racism. This guide was developed to support people to build confidence in identifying and thinking critically about things that arise when learning about race and racism in Australia. [More>](#)

[Information resources for students with disability and their caregivers](#) The Australian Government Department of Education has released new resources for students with disability and their parents and caregivers. The resources provide practical information about the rights of students with disability and the obligations of education providers under the Disability Standards for Education 2005. The resources were co-designed by people with disability, with help from Children and Young People with Disability Australia (CYDA). [More>](#)



CONFERENCE AND WORKSHOP CALENDAR

September 2024	
9 Sept-29 Nov	GOLD Tongue-Tie Online Conference 2024 bringing together over 1,500 healthcare professionals and 13 expert-led topics.
10 Sep Online	NEW Transforming Systems of Care: Launching the Caring about Care Report this event will explore the value of unrecognised care work by Indigenous women and its role in addressing colonial harm and inequality.
10-12 Sep Melbourne	Australian College of Midwives 2024 Conference features plenary sessions from international and local experts, 5 breakout rooms with over 80 presentations, workshops and interactive sessions as well as a series of networking opportunities.
12, 13, 16, 17 Sep Online	Family Partnership Model: Facilitation Course experienced facilitators will guide you in developing the skills and knowledge to become a Family Partnership Model: Foundation Course facilitator.
13 Sep Online	NEW Maternal Sepsis - what you need to know Maternal sepsis accounts for a significant portion of maternal morbidity in Australia, second only to cardiovascular disease. With an incidence rate of around 1-2 cases/1000 deliveries and the 2nd highest cause for all maternal deaths, First Nations women and those living in rural and remote areas face higher risks due to disparities in healthcare access with women from lower socioeconomic backgrounds more susceptible due to barriers in accessing timely and adequate prenatal care.
15 Sep - Online	25th Online Breastfeeding Conference: Flourishing covers a wide range of topics to inform and guide clinical practice and to inspire and challenge thinking about breastfeeding, nutrition and human lactation.
16-18 Sep Perth	The National Rural Health Conference: 'Imagine, inspire & innovate' will focus on topics such as rural workforce and training, determinants of health, mental health, the effects of climate change on health, Indigenous health, cultural safety, arts and health, healthcare research and more.
17 Sep Sydney	NEW ASHM-IUSTI Conference 2024 Paediatric Special Theme Day The Sydney Children's Hospital (SCH) HIV will join the ASHM-IUSTI Conference 2024 to focus on the prevention and treatment of HIV, syphilis and hepatitis B and C in infants, children and adolescents, with a focus on the Asia-Pacific region.
17 Sep Online	NEW Early Years Forum will delve into successful cross-sectoral collaborations across Early Childhood Education, Child and Family Services and other allied services, and spotlight best practice examples achieving excellent outcomes for under-supported children and families.
17-20 Sep Sydney	The International Union Against Sexually Transmitted Infections (IUSTI) World Congress incorporating the Australian Sexual and Reproductive Health Conference - more details to follow.
17-20 Sep Brisbane	The Early Childhood Australia National Conference 2024-Realising the Vision: an integrated future for the early years provides a platform for professional discourse relevant to the rights, wellbeing, and early education of young children (birth to eight years).



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September 2024	
19-20 Sep Sydney & Online	St George Hospital Maternity and Breastfeeding Conference 2024 A one and/or two-day Maternity and Breastfeeding Conference. Maternity Day - 19 September and Breastfeeding Day - 20 September.
19 Sep Online	NEW Working therapeutically with children who have experienced trauma from physical or sexual abuse an interdisciplinary panel explore how practitioners can respond to the challenges of working therapeutically with children and their families when children have experienced physical or sexual abuse.
23 Sep, 2 Oct, & 3 Oct Online	NEW Introduction to Holistic Refugee Healthcare The NSW Refugee Health Service and the Transcultural Mental Health Centre invite NSW health staff to join a FREE online workshop on holistic refugee healthcare. As spaces are limited, please register using the link at least one week before the scheduled date. Workshop 1 for NSW Health Non-Clinical Staff: 23 September 2024 9:30 AM - 11:30 AM Workshop 2 for NSW Health Clinical Staff: 2 October 2024 1:00 PM - 3:00 PM Workshop 3 for Clinical Staff in Other Organisations: 3 October 2024 9:30 AM - 11:30 AM Contact: Karen.Richa@health.nsw.gov.au or Emalynne.So@health.nsw.gov.au
24 Sep Sydney	Accidental Counsellors: Responding to Refugee Trauma Related Distress and Crises will cover the practicalities of how the accidental counsellor contributes to the client’s recovery and empowerment, acts as a buffer against strong emotions, makes sure the person is okay in the moment and safe to leave the session, and offers immediate support, assistance, and appropriate referral.
24 Sep Online	NEW Learning: A deeper look at AI in education The opportunities presented by AI are exciting and almost unlimited, with the potential to enhance learning opportunities and educational outcomes, however, we also need to consider the risks that it can pose to children’s safety and mental health as well as the implications for their privacy and security. This webinar will provide the perspective of two UNICEF Australia Youth Ambassadors on the digital divide faced by young Australians and the role that AI can play in learning.
25 Sep Online	NEW The Early Years Catalyst - Built to win , will discuss the progress made over the past four years in building capability and addressing knowledge gaps in the child development field.
25 Sep, 31 Oct & 21 Nov Online	NEW Supporting Breastfeeding within the Community The United Nations Institute for Training and Research (UNITAR) and the Global Breastfeeding Education Initiative (BFEI) 3-part series seeks to provide comprehensive information and support to mothers, Healthcare professionals and anyone interested in learning more about breastfeeding practices and its benefits.
25 Sep Online	NEW Utilising Group Therapy Approaches to Assist Recovery of Refugee Children from their Past Traumatic Experiences This Clinical Master Class will reveal how group work is a powerful intervention to help young people from refugee backgrounds cope with transitioning to a new culture, disclose personal material in a safe environment, normalise their symptoms, and build trust and new relationships.
27 Sep Online	NEW 10th Anniversary Tiny Tots Neonatal Conference Over the past ten years, there have been remarkable advancements in neonatal care, and this conference serves as a platform to celebrate these achievements and explore new horizons in the field. This year's conference will feature a diverse range of topics and keynote presentations. They are all designed to empower healthcare professionals with the latest research, best practices, and innovative strategies in neonatal care.



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October 2024	
2 Oct Online	NEW NSW Sexual Health Fundamentals for Nurses and Midwives Through a case study, presentations, interactive quizzes and an online learning module, this online workshop will provide nurses and midwives with the introductory skills to incorporate STI and BBV screening within their workplace. This workshop is comprised of a mandatory online learning module, followed by an interactive live session.
4, 5, 6, 12 & 13 Oct Online	Lamaze Certified Childbirth Educator training Lamaze International is the leading provider of childbirth certification education programs that teach healthy birth practices and prepare educators to teach with skill and confidence. Courses offered in Melbourne, Sydney, Brisbane and Live online.
9 Oct Online	NEW Re-humanising maternity care following the NSW Birth Trauma Inquiry The aim of this webinar is to discuss the way forward following the NSW Birth Trauma Inquiry. We will have a panel of experts talking on the recommendations from the Inquiry, the way forward, what does consent look like, what does respectful care look like and women's voices.
9 Oct Online	NEW BPD: Caring for the carers hear a panel discuss multidisciplinary approaches that can improve how practitioners engage and support those who care for a person living with BPD.
14-17 Oct Online	HypnoBirthing® Childbirth Educator Training evidenced based and comprehensive Australian program enables you to better support women through pregnancy, and help them enjoy a calmer, more natural birth that requires less intervention. Certification is Internationally recognised with the HypnoBirthing® Institute. 32 ACM CPD points.
15-18 Oct Melbourne	Circle of Security Parenting Facilitator Training 4-Day seminar trains professionals to use an eight-chapter DVD/USB and online materials to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction in the zero to five age range, healthy options in caregiving, and animated graphics designed to clarify principles central to COS. Also available in Sydney 18-21 November.
16 Oct, 27 Nov & 11 Dec Online	NEW Inclusive Practice for Working with People with Diverse Sexualities, Genders, and Bodies from Refugee Backgrounds will focus on building understanding of specific issues faced by people with a refugee background who identify as members of the LGBTIQ+ community; including strengths, vulnerabilities and the risks experienced in their home countries, during the journey and resettling in Australia. It will highlight the multiple oppressions faced and explore the diversity of needs and experiences that are grouped under the LGBTIQ+ framework. Also available: 27 November & 11 December .
16-17 Oct Online	NEW Lucy's Project 2024 Conference focuses on emerging and better practice in supporting people and animals experience domestic and family violence. It will also examine the different ways that human and animal services and law enforcement can support and protect people and animals, how the safety of people and animals is interconnected and why it's important to enable people and animals to heal and recover together.
17 Oct Online	ACI The Virtual Care Exchange Forum program provides the opportunity for participants to extend their knowledge and capability when integrating virtual care into clinical practice. It is facilitated by experts and clinical champions who openly share their knowledge and learnings (successes and failures) from integrating technology into clinical care.



INFO Share

September 2024

October 2024

16-17 Oct Brisbane	NEW FECCA 2024 Conference: Our Experiences. Our Future serves as a platform to explore issues impacting culturally and linguistically diverse communities, and exchange ideas with leading experts.
17-20 Oct Sydney	International Joint Congress of the International Society of Obstetric Medicine (ISOM) and the Society of Obstetric Medicine of Australia and New Zealand (SOMANZ)
23 – 25 Oct Melbourne	NEW CRANAPlus 2024 Remote Nursing & Midwifery Conference Clinicians, changemakers celebrating inspiring people and practice.
31 Oct Melbourne	NEW National Conference 2024: Child Sexual Abuse & Harmful Sexual Behaviours hosted by Kids First Australia will bring together researchers, practitioners, public servants, and those with lived experience to share the nation's latest approaches, policy developments, and emerging ideas from across the child sexual abuse and harmful sexual behaviours space.

November 2024

6 Nov Sydney	SESLHD Early Parenting Program: Advanced Group Skills Training for Early Parenting Educators designed for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists, and Independent Childbirth Educators who are currently facilitating groups, and who have completed the 2-day SESLHD Group Skills Facilitator training and 30 hours of facilitation. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details Tracey.Rayner@health.nsw.gov.au or Helen.Rogers@health.nsw.gov.au
6-8 Nov Cairns	2024 Rural Mental Health Conference brings together mental and behavioural health professionals, peer, and support workers, lived and living experience, and government and policy professionals within the rural mental health sector.
7-9 Nov Sydney	2024 Australian Association of Infant Mental Health (AAIMH) National Conference: “The infant, the family and the external world: Building infant mental health into the future” will highlight the role of infant mental health as the building block for future mental health and wellbeing.
11-14 Jul Gold Coast	HypnoBirthing® Childbirth Educator Training evidenced based and comprehensive Australian program enables you to better support women through pregnancy, and help them enjoy a calmer, more natural birth that requires less intervention. Certification is Internationally recognised with the HypnoBirthing® Institute.
13 Nov Online	Relationships Australia 'Working with Dads' training gain knowledge, practical advice, and strategies to engage dads, father-figures, and families in positive and effective ways. Multiple dates available.
14-15 Nov Melbourne	Australasian Brain Club Bringing Fetal, Neonatal, Paediatric Brain Researchers & Clinicians Together - more details to follow.
18-21 Nov Sydney	Circle of Security Parenting Facilitator Training 4-Day seminar trains professionals to use an eight-chapter DVD/USB and online materials to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction in the zero to five age range, healthy options in caregiving, and animated graphics designed to clarify principles central to COS. Also available in Melbourne 15-18 October.



November 2024

18-19 November Melbourne	Australian Perinatal Epidemiology Update Academics, clinicians and students are invited to participate in 2 days of presentations by some the world's leading researchers and clinicians in the field of Perinatal Epidemiology.
19 Nov Online	NEW National Medicines Symposium cross-disciplinary event bringing together leading organisations, experts, clinicians, consumers and policymakers to discuss and debate key issues around quality use of medicines.
19 – 22 Nov Melbourne	10th International Conference on Social Work in Health and Mental Health diverse range of topics covered in each stream will explore the intersection between social workers and Health and Mental Health care.
22-23 Nov Online	NEW Infants and Toddlers: Practice, Pedagogy and Research Conference: Learning together across contexts and communities will highlight how young children and their educators, families, and communities co-create knowledge.
21-23 Nov Melbourne	Mercy Perinatal Global Obstetrics Update 2024 topics confirmed: management of fibroids, tubal ligation, ovarian cysts and masses during pregnancy, repair of third (and fourth) degree tears.
25-28 Nov Online	NEW Early Childhood Voices Conference 2024 is a global, multidisciplinary event focusing on innovative research, theories, and practices for promoting social justice in early childhood.
27 Nov & 11 Dec Online	NEW Inclusive Practice for Working with People with Diverse Sexualities, Genders, and Bodies from Refugee Backgrounds will focus on building understanding of specific issues faced by people with a refugee background who identify as members of the LGBTIQ+ community; including strengths, vulnerabilities and the risks experienced in their home countries, during the journey and resettling in Australia. It will highlight the multiple oppressions faced and explore the diversity of needs and experiences that are grouped under the LGBTIQ+ framework. Also available: 16 October & 11 December .
27-29 Nov Online	NEW 5th National HREC Conference online forum for sharing and discussing knowledge of and insights into current human research ethics related topics in the National Statement.
28-29 Nov Melbourne	NEW Occupational Therapy Australia's (OTA) Mental Health Forum 2024 inspiring keynote speakers, panel sessions, ePosters, workshops and more, this is an inspiring program with something for everyone working in mental health occupational therapy.

December 2024

6 Dec Sydney	Birth International Introduction to Active Birth Workshop a comprehensive workshop that empowers health professionals with skills to help women achieve normal physical birth.
11 Dec Online	NEW Inclusive Practice for Working with People with Diverse Sexualities, Genders, and Bodies from Refugee Backgrounds will focus on building understanding of specific issues faced by people with a refugee background who identify as members of the LGBTIQ+ community; including strengths, vulnerabilities and the risks experienced in their home countries, during the journey and resettling in Australia. It will highlight the multiple oppressions faced and explore the diversity of needs and experiences that are grouped under the LGBTIQ+ framework. Also available: 16 October & 27 November .



Health
South Eastern Sydney
Local Health District

INFO Share

September 2024

March 2025

14-16 Mar Brisbane	Save the Date PSANZ Congress: 'Navigating Futures Together' represents the often-uncharted road we take as perinatal researchers, clinicians, and consumers toward new knowledge to drive improvements and reform in perinatal health. It also speaks to the journey of the woman, navigating her new future as a mother with a newborn and all that is represented for the families who remain at the heart of all we do.
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August 2025

17-22 Aug Melbourne	International Childhood Trauma Conference 2025: Transforming trauma: connection and healing will focus on First Nations voices and wisdom, alongside those with lived experience, researchers, and practitioners. In addition, also have a spotlight on neurodivergence and trauma as well as harmful sexual behaviour and trauma.
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September 2024

TRAINING ORGANISATIONS 2024

Alberta Family Wellness Initiative	The Alberta Brain Story brain development and its connection to mental health course.
Albion Centre	The Albion Centre training in HIV, Hepatitis and infection control management, treatment, care, prevention, and education.
Advanced Maternal and Reproductive Education (Amare)	AMaRE provider of PIMS (Preparation in Maternity Safety), ALSO PART 2 – AIMS (Advancing in Maternity Safety), and BABE (Become A Breech Expert) courses.
Association of Children’s Welfare Agencies (ACWA)	ACWA training opportunities for people working with vulnerable children, young people, and families.
Australian College of Midwives (ACM)	ACM eLearning courses, events and endorsed activities.
Ausmed	Ausmed wide range of online CPD for health professionals for an annual subscription.
Australasian Society for HIV Medicine (ASHM)	ASHM training in HIV, viral hepatitis and STIs developed and delivered by clinical experts, experienced trainers and people living with HIV/AIDS and/or hepatitis.
Birth International	Birth International workshops focused on protecting, supporting, and promoting midwifery.
Blue Knot Foundation	Blue Knot professional development workshops on trauma-informed care and practice, working with people with complex trauma histories, vicarious trauma, and more.
Breastfeeding Conferences	Breastfeeding conferences educational opportunities in a variety of formats.
Calmbirth Education Program	Calmbirth Courses Australia's highly acclaimed childbirth education program.
Centre for Community Child Health	Centre for Community Child Health provide Family Partnership Training Foundation Course, Infant Sleep Training, Linking Schools and Early Years, and PEDS (Parents’ Evaluation of Developmental Status).
Centre for Genetics Education	Centre for Genetics Education professional development opportunities for health professionals, including online first trimester screening training.
Clinical Information Portal (CIAP)	CIAP Online Workshops free online workshops provided by NSW Government.
Centre of Perinatal Excellence (COPE)	COPE online training in perinatal mental health and perinatal loss.
Emerging Minds	Emerging Minds Learning free online training courses to support children’s mental health and wellbeing.
edX (online)	EdX FREE online courses from international universities and specialist organisations.
Education Centre Against Violence (ECAV) NSW Health	ECAV training, consultancy and resource development for workers who provide services to children and adults who have experienced abuse, neglect, family violence or sexual assault.



TRAINING ORGANISATIONS 2024

Emerging Minds	Emerging Minds online training to help develop and build workforce capacity to support mental health outcomes for children aged 0-12 years old.
Ethnic Community Services Co-operative (ECSC)	Ethnic Community Services Co-operative range of training packages that focus on various aspects of cultural competency for managers and practitioners.
Family Planning NSW	Family Planning NSW courses on reproductive and sexual health.
Foundation House	Foundation House provides various blended courses, workshops, and webinars aiming to enrich practice for practitioners working with people from refugee backgrounds.
Future Learn	Future Learn online courses from international universities and specialist organisations.
Groupwork Solutions	Groupwork Solutions specialises in practice skills, resource development, working with men, strength-based approaches, and creative group work.
International Association of Infant Massage	The International Association of Infant Massage Instructor Training Program
Karitane	Karitane offer parent-child interaction therapy, family partnership training, toddler sleep and settling, brain development and toddler workshops.
NAPCAN National Association for Prevention of Child Abuse and Neglect	NAPCAN Training Calendar has more than 50 workshops, including Love Bites Respectful Relationships Education Facilitator Training, Creating Child Safe Organisation, and 7 Steps to Safety, and Reframing Parenting.
NSW Nurses & Midwives Association	NSW Nurses & Midwives Association courses, forums and workshops for members and non-members.
Parent-Infant Research Institute	Parent-Infant Research Institute (PIRI) workshops for health professionals.
Perinatal Loss Centre	Perinatal Loss Centre Online and face to face training in line with National and International best practice guidelines in bereavement care.
Red Nose	Red Nose Grief and Loss training designed to build the skills of people who interact with bereaved families and clients.
Safe Sleep Space	Safe Sleep Space Master Classes for Health Professionals training for healthcare professionals on infant and toddler sleep settling, safe sleeping, and nutrition.
The Office of the eSafety Commissioner	The Office of the eSafety Commissioner range of free webinars for frontline, specialist and support staff in the domestic violence and disability sector across Australia.
Tresillian	Tresillian NCAST Parent Child Interaction (PCI) Assessment, Key to Caregiving and infant mental health workshops, and more.
Zedu Ultrasound Training Solutions	Early Pregnancy Assessment for Nurses & Midwives practical and theoretical knowledge to perform and understand early pregnancy ultrasound examinations.



SCHOLARSHIPS

Australian College of Midwives	Australian College of Midwives Scholarships vary in amount and criteria from branch to branch.
Australian College of Nursing	Australian College of Nursing offer a range of grants open to Fellows and Members who wish to undertake further study. The grants provide opportunities for members to undertake further study at diploma or masters’ level.
Health Education and Training (HETI)	HETI Scholarships and grants provide opportunities for access to education in areas of need.
Australian Rotary Health	Australian Rotary Health Indigenous Health Scholarships one off \$5,000 grant to assist students with their day-to-day expenses and provide mentoring support while they undertake a course in a wide range of health-related professions.
Nursing and Allied Health Scholarship and Support Scheme	Nursing and Allied Health Scholarship and Support Scheme Australian Government initiative to assist nurses, midwives, and allied health professionals to further their careers through short courses, workshops, conferences, or re-entry courses.
NSW Government	NSW Government Tertiary Health Study Subsidies Applications are now open for students currently enrolled in healthcare degrees in NSW to apply for up to \$12,000 to support them in their studies. These scholarships are part of our plan to address the chronic staffing shortages in healthcare in NSW.
NSW Nurses & Midwives Association	NSW Nurses & Midwives Association offer several scholarships throughout the year that are open to Members of the NSW Nurses and Midwives’ Association.
The Heart Foundation	The Heart Foundation Scholarships support study for a research degree (PhD or Masters) in any area of research that is relevant to cardiovascular health (including biomedical, clinical, public health and health services research).