



INFO Share

08 November 2023

This consolidated list of resources, information and professional development opportunities is compiled from multiple sources by the Early Parenting Program of Child, Youth & Families Services, South Eastern Sydney Local Health District.

To access additional information outlined in the INFO Share you will need internet access.

New additions to the conference and workshop calendar from previous months are highlighted as **NEW**.

Any queries about events should be directed to the contact person listed in the description.

If you would like an event, conference or workshop included please contact Helen.Rogers@health.nsw.gov.au

Inside this Issue

NEW RESOURCES & PUBLICATIONS	1
CONFERENCE AND WORKSHOP CALENDAR	8
TRAINING INSTITUTIONS 2023	13
SCHOLARSHIPS	15

NEWSLETTERS

Australian Institute of Family Studies [11 Oct](#) / [25 Oct](#) / [31 Oct](#) 2023

Center on the Developing Child at Harvard University [Oct 2023](#)

International Journal of Birth and Parent Education [Vol 11 Issue 1 2023](#)

SIGNIFICANT DATES

November 8: [Whooping Cough Day: "Get Up To Date. Vaccinate!"](#) Immunisation Foundation of Australia announced the creation of Australia's inaugural Whooping Cough Day. Helping individuals safeguard against whooping cough's threat through awareness resources. [More>](#)

12-18 November: [Perinatal Mental Health Week](#) National collaboration of 53+ organisations united to create understanding, reduce stigma and provide education and support. The transition into parenthood can be challenging. 1 in 5 new mums and 1 in 10 new dads and non-birthing partners experience perinatal depression and anxiety, which is around 100,000 Australian parents each year. Every conversation we start with the broader community is an opportunity to shine a light on the real experiences of expectant and new parents nationally. [More>](#)

26 November-10 December: [16 Days of Activism against Gender-Based Violence](#) is an annual international campaign that starts 25 November, the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day. [More>](#)

OPEN FOR CONSULTATION

[National Workforce Survey for Family, Parent and Child Mental Health](#) The survey conducted by Emerging Minds will inform strategies and policy to meet the needs of health, social and community services workers across Australia, and support improved outcomes for infants, children, and families. Survey closes **15 November 2023**. [More>](#)



Health
South Eastern Sydney
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INFO Share

08 November 2023

NEW RESOURCES & PUBLICATIONS

Aboriginal and Torres Strait Islander Communities

[Exploring satisfaction among women having a First Nations baby at one of three maternity hospitals offering culturally specific continuity of midwife care in Victoria, Australia: A cross-sectional survey](#) Continuity of midwife care is recommended to redress the inequitable perinatal outcomes experienced by Aboriginal and Torres Strait Islander (First Nations) mothers and babies. This study aimed to explore levels of satisfaction among women having a First Nations baby, who received maternity care at one of three maternity services, where new culturally specific midwife continuity models had been recently implemented. [More>](#)

[“This has changed me to be a better mum”: A qualitative study exploring how the Australian Nurse-Family Partnership Program contributes to the development of First Nations women’s self-efficacy](#) The Australian Nurse-Family Partnership Program is based on the Nurse-Family Partnership program from the United States, which was designed to support first-time mothers experiencing social and economic disadvantage from early in pregnancy until their child’s second birthday. International trials have demonstrated this program measurably improves family environment, maternal competencies, and child development. The Australian program has been tailored for mothers having a First Nations baby. This study aimed to understand how the program impacts self-efficacy using a qualitative interpretive approach. [More>](#)

[Routine ear health and hearing checks for Aboriginal and Torres Strait Islander children aged under 6 years attending primary care: a national consensus statement](#) recommendations for primary health care practitioners, to guide effective assessment of ear health and hearing status of Aboriginal and Torres Strait Islander children aged under 6 years attending primary care who are not known to have, or are not being actively managed for, ear health and hearing problems. A national expert panel provided cultural, clinical and research expertise during the development process. [More>](#)

Maternal Health, Pregnancy and Birth

[Interpreter requirements of women from non-English speaking migrant backgrounds in maternity hospitals in Melbourne, Australia](#) Access to professional interpreter services is a critical facilitator of positive health-care experiences when health-care professionals and women accessing maternity care are not proficient in a shared language. Understanding interpreter demand is essential for the provision of professional interpreter services. This study aims to characterise interpreter requirements among women from non-refugee and refugee non-English-speaking migrant backgrounds in Australian maternity hospitals. [More>](#)

[The use of gender-neutral language in maternity settings: a narrative literature review](#) Staying up to date with contemporary issues enhances their ability to provide high-quality evidence-based care. One aspect of maternal care that is changing is the use of gender-neutral language. The aim of this review was to examine the use of gender-neutral language in maternity settings and collate the literature to expose any knowledge gaps. [More>](#)

[Maternity models of care in Australia 2023](#) In 2023, around 1,000 models of care were reported as being in use across 251 maternity services in Australia. This report explores these models, including major model categories, the women they are designed for, the maternity carers involved, and the extent of continuity of carer. [More>](#)



INFO Share

08 November 2023

Maternal Health, Pregnancy and Birth

[Using a validated instrument to assess pregnancy planning and preconception care at antenatal booking visits: a retrospective cohort study](#) this retrospective cohort study aimed to determine the completion rate for the London Measure of Unplanned Pregnancy, a psychometrically validated measure of a woman's intention with regard to a current or recent pregnancy, during booking visits at two antenatal care clinics in Sydney Local Health District; to identify socio-demographic characteristics associated with unplanned pregnancy. [More>](#)

[Symptoms of onset of labour and early labour: A scoping review](#) In-depth knowledge about symptoms of onset of labour and early labour is necessary to develop women-centred interventions. This scoping review aims to provide an overview of the current evidence about pregnant women's symptoms of onset of labour and early labour. [More>](#)

[National, regional, and global estimates of preterm birth in 2020, with trends from 2010: a systematic analysis](#) Preterm birth is the leading cause of neonatal mortality and is associated with long-term physical, neurodevelopmental, and socioeconomic effects. This study updated national preterm birth rates and trends, plus novel estimates by gestational age subgroups, to inform progress towards global health goals and targets. [More>](#)

[Cervical cerclage for prevention of preterm birth and adverse perinatal outcome in twin pregnancies with short cervical length or cervical dilatation: A systematic review and meta-analysis](#) Recent evidence suggests that placement of cervical cerclage in twin pregnancies with short cervical length at ultrasound or cervical dilatation at physical examination might be associated with a reduced risk of PTB. However, such evidence is based mainly on small studies thus questioning the robustness of these findings. The aim of this systematic review was to determine the role of cervical cerclage in preventing PTB and adverse maternal or perinatal outcomes in twin pregnancies. [More>](#)

[NSW Health Policy Directive: Syphilis in Pregnancy and Newborns](#) Syphilis in pregnancy is a preventable cause of complications for pregnant women and their babies. It is associated with preterm birth, low birth weight, congenital anomalies, fetal loss or stillbirth, and neonatal death. This Policy Directive establishes the minimum requirements for NSW Health services and outlines the roles and responsibilities of clinicians and NSW Health staff when screening and managing syphilis in pregnancy and managing neonates at risk of congenital syphilis, with the overall aim to eliminate congenital syphilis in NSW. [More>](#)

[Skin-to-skin contact for the prevention of neonatal hypoglycaemia: a systematic review and meta-analysis](#) Skin-to-skin contact between mother and infant after birth is recommended to promote breastfeeding and maternal-infant bonding. However, its impact on the incidence of neonatal hypoglycaemia is unknown. This systematic review and meta-analysis aimed to assess this. [More>](#)

[What do mothers think about their antenatal classes? A mixed-method study in Switzerland](#) Antenatal education sessions evolved from pain management to a mother-centred approach, including birth plans and parenting education. Evaluating the perception of the usefulness of these sessions is important to meet needs. However, so far, research on the mothers' perception of the usefulness is sparse, particularly when measured after childbirth. This study investigated mothers' satisfaction and perceived usefulness of antenatal sessions provided within a university hospital in Switzerland, as assessed in the postpartum period. [More>](#)

[Social media influencers' impact during pregnancy and parenting: A qualitative descriptive study](#) Engaging with social media influencers (SMIs) and their followers, however, may have both affirming and harmful effects. To date, little is known about the impacts of following influencers during pregnancy and early parenthood. This study explores how engaging with SMIs impacts pregnant people and parents of children aged 5 or under in Australia. [More>](#)



INFO Share

08 November 2023

Child and Family Health and Wellbeing

[Raising Healthy Minds App](#) created by the Raising Children Network, this App provides tips for parents to learn more about their child's mental health and reminders for carers to care for own wellbeing. Health professionals can also use the App as a resource for clients, and by improving their knowledge and capacity. [More>](#)

['Why did he Leave Me?' 5 things grieving children want to know about the death of a loved one](#) Death and grief are not easy to talk about. Talking to children about these can be harder still. The instinct to protect children from harsh realities means we might avoid these topics altogether. But, as these researchers discovered, bereaved children have lots of questions about death and grief. [More>](#)

[How to talk to children about war and conflict](#) Children may come across news footage or images of war, either intentionally or accidentally. This fact sheet has been developed to help have these conversations, giving them a healthy and helpful way to process their thoughts. [More>](#)

[Resources for Supporting Children and their Caregivers to support young children during times of conflict](#) compiled by the Center on the Developing Child. Situations of conflict, terror, and war present extreme, immediate threats to the safety and well-being of children and their caregivers. The realities of navigating such circumstances can make it all but impossible to create stable, health-promoting environments for children and for the adults around them to engage in consistent, responsive caregiving. When young children experience high and persistent stress, it can disrupt the architecture of their developing brains and other biological systems, increasing the risk of negative consequences for lifelong physical and mental health. [More>](#)

Multicultural Health + Translated Resources

[Long-distance caregiving: how can it impact our mental health?](#) In this video, the Multicultural Centre for Women's Health shares information about how providing care to relatives or friends overseas can impact your mental health and well-being. [More>](#)

[Growing a Healthy Baby](#) culturally appropriate pregnancy resources for migrant and refugee women developed by The Stillbirth Centre of Research Excellence. The suite of in-language resources have been developed from the evidence-based Safer Baby Bundle to improve maternity care for these communities and contribute to reducing stillbirth rates in Australia by 20 per cent. Resources have been co-designed with communities and healthcare professionals. Available in Arabic, Dari, Dinka and Karen. [More>](#)

[Postpartum Contraception videos](#) Sydney Local Health District in-language video series aims to support mothers in postpartum contraception decision-making. Available in Arabic, Bangla, Cantonese, Mandarin, Mongolian, Nepali, Rohingya and Urdu. [More>](#)

[NSW Health Breastfeeding your Baby webpage](#) information on all the support services available for breastfeeding. Available in English, Arabic, Chinese and Vietnamese. [More>](#)

[BreastScreen NSW "Breast cancer doesn't wait" campaign](#) encourages women to prioritise their health and reminds women early detection is the key to successful treatment and a recovery. Multilingual resources are available. [More>](#)



INFO Share

08 November 2023

Multicultural Health + Translated Resources

[Multilingual Information Access \(MiAccess\)](#) this website developed by Cultural Perspectives that brings together translated information relevant to people with disability from culturally and linguistically diverse backgrounds, their carers, and communities. [More>](#)

[The NDIS: people who can help you and your child](#) Easy English booklet is written for parents and carers of children with disabilities and developmental delays. Parents and carers will get the most benefit if they read these booklets with support workers or other helpers. [More>](#)

[NDIS Complaints and feedback about NDIS service providers](#) Available in Arabic, Easy English, Hindi and Somali. [More>](#)

[Migration and Disability fact sheet](#) This fact sheet explains the discrimination people with disabilities experience when navigating the complex Australian migration system. It breaks down the different processes a person with disabilities must go through when applying for a visa in Australia. Available in Arabic, Chinese Simplified), Hindi, Thai and Vietnamese. [More>](#)

[How to use your NDIS plan](#) provides information about personal details, funded supports, goals, and important contact dates and details. Available in Arabic, Easy English, Hindi and Somali. [More>](#)

Women's, Sexual and Reproductive Health

[Clinical Guideline for Abortion Care](#) The Royal Australian and New Zealand College of Obstetricians and Gynaecologists has published the first binational evidence-based clinical practice guideline on abortion care for Australia and Aotearoa New Zealand. [More>](#)

[Women set to benefit from increased access to the contraceptive pill](#) A new NSW 12-month pharmacy trial allows women to access a resupply of their contraceptive pill from their local pharmacy rather than visiting their GP for a repeat prescription. [More>](#)

[Pelvic Pain in Australian Women A report from the 2023 National Women's Health Survey conducted by Jean Hailes](#) Approximately one in four Australian women report pelvic pain impacts their ability to undertake daily activities, to work or study, and exercise. Approximately one in three Australian women report pelvic pain has impaired their mental and emotional wellbeing or relationships with their partner. Women who speak a language other than English at home were significantly more likely to report experiencing pelvic pain than those who speak only English (56% compared to 44%). [More>](#)

[NSLHD Postnatal Physiotherapy Education Video and booklets developed by North Sydney Local Health District](#)

Postnatal information includes recovering after birth, perineal care after vaginal birth, bladder and bowel care, resuming sexual intercourse, pelvic floor muscle care, exercise after birth, and more.

- [Video](#)
- [Chinese Postnatal Information Booklet](#)
- [English Postnatal Information Booklet](#)
- [Japanese Postnatal Information Booklet](#)
- [Korean Postnatal Information Booklet](#)



INFO Share

08 November 2023

Women's, Sexual and Reproductive Health

[Hepatitis B Clinical and Referral Support Resources](#) developed for clinicians at the point of hepatitis B diagnosis and initial engagement in care, supporting community-based referrals. The resources will guide clinical next steps, ascertaining the appropriateness of a primary care referral, discussing this with clients and providing them with information as well as practical tools to assist with intercollegiate communication. [More>](#)

[Endometriosis](#) Around 1 in 7 women born in 1973–78 was diagnosed with endometriosis by age 44–49. This report from the Australian Institute of Health and Welfare brings together the latest data to highlight the impact of endometriosis in Australia. It includes information on prevalence, hospitalisations, emergency department presentations, burden of disease and health system expenditure. [More>](#)

[The one-dose schedule opens the door to rapid scale-up of HPV vaccination](#) In 2020, the World Health Organization launched a global strategy to accelerate the elimination of cervical cancer as a public health concern, with achieving 90% coverage of human papillomavirus (HPV) vaccination among girls as one of the core measures. Accumulating evidence has indicated that one-dose vaccination schedules might provide comparable protection against persistent HPV infection as two-dose schedules. The potential lower costs and simplified administration of the one-dose schedule have positioned it as a promising means to improve HPV vaccine uptake in populations with limited healthcare access. [More>](#)

[Perimenopause and menopause toolkit](#) Challenge perimenopause and menopause taboos with the NSW Government toolkit. Explore trusted resources, including a symptoms checklist, workplace support and podcasts, to enhance women's health and wellbeing. [More>](#)

Domestic and Family Violence, Sexual Assault and Child Protection

[Intimate partner violence exposure during infancy and social functioning in middle childhood: An Australian mother and child cohort study](#) Social functioning of children with experiences of intimate partner violence (IPV) between caregivers in early childhood has received less attention than emotional–behavioural outcomes. Drawing on data from 1507 ten-year-old Australian-born children and their mothers participating in a community-based longitudinal study, this study examined the associations between IPV exposure during infancy and social development during middle childhood. IPV during the first 12 months of life was associated with lower social skills, higher peer problems, and peer victimization at age 10 years, while accounting for concurrent IPV. This study provides evidence for the long-term impacts of early-life IPV exposure on children's social functioning, and the importance of prevention and early intervention programs focused on social development following experiences of IPV. [More>](#)

[Growing up in Australia Snapshot Series Issue 11: Intimate partner violence among Australian 18–19-year-olds](#) examines risk and protective factors for intimate partner violence victimisation among Australian adolescents. The aim of this resource is to help you identify populations who could be at increased risk, so that protective factors can be strengthened. Although the current snapshot focuses on victim-survivors, prevention of intimate partner violence perpetration should be a core focus of policy intervention. [More>](#)

[Multiple vaccinations for children resource](#) is designed to support conversations between healthcare professionals and families about administering multiple vaccinations for children at the same time. It addresses frequently asked questions and provides links to further information and resources. [More>](#)



INFO Share

08 November 2023

Immunisation, Influenza and COVID-19

[Maternal vaccination rates increasing steadily in NSW – but coverage inequalities remain](#) A population-based study by NCIRS and UNSW researchers has shown 54% of women who gave birth in NSW in 2020 received both maternal influenza and pertussis vaccines during pregnancy, up from 18% in 2016. Between 2016 and 2020, reported coverage of maternal vaccination also increased year-on-year for both individual vaccines - from 27% to 59% for influenza and 43% to 79% for pertussis. Despite these improvements, certain disparities in coverage still exist. [More>](#)

[End of COVID-19 emergency response](#) The Australian Government Chief Medical Officer (CMO), Professor Paul Kelly, declared that COVID-19 is no longer a Communicable Disease Incident of National Significance (CDINS). While COVID-19 remains a serious threat to the health of Australians, and requires ongoing vigilance by the public and governments, state and territory health systems are well placed to manage the virus alongside other infectious diseases. A focus remains on vaccination, prevention, reducing transmission and management of serious illness, hospitalisations, and death. [More>](#)

[COVID-19 Handbook chapter](#) the latest information and recommendations about COVID-19 vaccines and vaccination have now been added to the Australian Immunisation Handbook. The new COVID-19 chapter will serve as a primary reference for accurate information on COVID-19 vaccines and will remain aligned with Australian Technical Advisory Group on Immunisation (ATAGI) recommendations. The chapter will replace the 'ATAGI clinical guidance for COVID-19 vaccine providers' webpage. [More>](#)

[Shingles vaccine on Australia's National Immunisation Program](#) Changes to the shingles vaccine available under the National Immunisation Program came into effect 1 November. The Department of Health and Aged Care has released a fact sheet and a health professionals' kit on updated program advice for the shingles vaccine. [More>](#)

And more

[The impact of vaping on adolescent mental health](#) Evidence indicates that vaping has negative impacts on physical health and mental health for people who use e-cigarettes. Consequently, it is of increasing concern for practitioners and other professionals who work with adolescents. This paper provides an overview of what e-cigarettes are and the prevalence of vaping among adolescents in Australia. It also describes findings from a review of research evidence aimed at understanding the relationship between vaping and adolescent mental health and wellbeing. [More>](#)

[RACGP's Healthy Habits program](#) is designed to help you support patients looking to create and sustain positive lifestyle changes. The client-facing app makes it easy to set personalised nutrition, physical activity and sleep health goals that complement a treatment plan. [More>](#)



INFO Share

08 November 2023

CONFERENCE AND WORKSHOP CALENDAR

November 2023	
Until 20 Nov	GOLD Learning Early Years Online Symposium 2023 evidence-based continuing education for healthcare practitioners who work with families and young children aged 0-3 years.
8 -16 Nov 6:30pm- 8:30pm (AEDT) Online	NEW Sexual Health Nursing: Working with Young People this course will focus on educating nurses to support young people to make healthy choices regarding their sexual health. It will provide an overview of STIs and BBVs and their mode of transmission, as well as pathways available for young people to access services for their sexual healthcare needs.
8 Nov Online	NEW Congenital CMV @ Twilight tackling preventable childhood disability through primary, secondary and tertiary prevention strategies CMV is the most common virus passed from mother-to-child during pregnancy and is the leading cause of sensorineural hearing loss and a known cause of cerebral palsy, intellectual impairment and epilepsy. Key speakers will discuss how to reduce the burden of congenital CMV through primary prevention in primary care, secondary prevention with antivirals, and postnatal interventions to optimise outcomes.
9 Nov Melbourne	Introduction to Working with People from Refugee Backgrounds: Nurses and Allied Health Professionals will explore potential pre-arrival experiences of people from refugee and asylum-seeking backgrounds, and the impact of those experiences on health and wellbeing in both early and longer-term settlement contexts.
9-10 Nov Online	Children and Adolescents: Clinical Assessment and Treatment of Torture and Refugee Trauma will cover the distinct biopsychosocial sequelae of torture and refugee trauma, including on the developing nervous system, memory and attachment; ways to overcome barriers to engaging young clients from refugee backgrounds in therapy and groups; and the importance of utilising a combination of expressive and body and mind approaches in a phased trauma treatment approach.
13 Nov Online	NEW Consultation with Consumers and Providers Sydney Health Partners' webinar with Audrey Patocs from McMaster's Institute for Research on Aging (Canada) and Dr Marina de Barros Pinheiro from The University of Sydney, who have used co-design and consultations to successfully deliver programs in the community.
13 Nov Online	Gold World Prematurity Day Webinar: Tiny Fighters, Big Battles: Advancing the Landscape of Neonatal Pain Management opportunity to update knowledge of the latest research on neonatal pain and the current recommendations for best practice.
15 Nov Online	NEW NSW Hepatitis C (HCV) in Primary Care free training aims to provide participants with the knowledge and confidence to pursue the management of HCV in their primary care setting.
15 Nov Online	NEW Identifying and treating panic disorder This webinar will discuss how health professionals can identify, assess, diagnose, and evaluate treatment therapies for people experiencing panic disorder.
15 Nov Online	NEW Coming In: Inclusive Practice Strategies for Working with People from Refugee Backgrounds with Diverse Bodies, Sexualities and Genders STARRTS workshop will focus on building understanding of the specific issues faced by people with asylum seeker and refugee background who are LGBTIQ+, including strengths, vulnerabilities and the risks experienced in their home countries, during the journey and resettling in Australia. experiences that are grouped under the LGBTIQ+ framework.



INFO Share

08 November 2023

November 2023	
15 Nov Online	NEW Tips on Communicating via an Interpreter This webinar will focus on the actual communication via an interpreter, not the briefing and debriefing stages. You will hear about what enhances and undermines good communication.
16-17 Nov Adelaide	JBI IGNITE: two-day Methodology Symposium designed to spark creativity and challenge thinking about the future of methodology and methods related to the production and use of evidence in healthcare policy and practice
21 Nov Online	NEW MHPN's Special Professional Development Event Hypothetical Case Scenario Professor Mark Creamer and panel to see how they respond in real-time to an unfolding case scenario of a family characterised by volatile interpersonal relationships and underlying mental health and personality issues. Health professionals who work with the family will be drawn into a scenario involving not only family members, but also the school, the police, and the media.
21-28 Nov Online	Applying a Gender Equality lens to Childbirth & Parenting Education Training opportunity to explore the gendered expectations of parenting and respectful relationships in the context of a family's transition to parenthood, understand the role of Antenatal and Maternity Services in challenging and disrupting expectations and promoting respectful relationships.
21-22 Nov Sydney	National Multicultural Health and Wellbeing Conference 2023: Our Cultures, Our Languages, Our Health will address challenges, review best practices, and explore how to improve access to health and wellbeing services for Australia's culturally and linguistically diverse population.
22 Nov Online	Working with Dads online workshop practical advice and strategies to engage dads, father-figures, and families in positive and effective ways.
22 Nov Online	NSW Hepatitis B Clinical Update for Nurses and Midwives working in NSW who see clients living with HBV or from high-prevalence populations and have previous experience and knowledge of hepatitis B.
22 Nov Online	NEW Using surveys to understand your service: Research and practice perspectives This webinar will draw on researcher and practitioner perspectives to explore effective strategies for using surveys in child and family services and common assumptions and concerns about using surveys in service provision. It will also provide insight into how service providers use surveys with diverse client groups.
23 Nov Online	NEW In Conversation - Introduction to harmful sexual behaviours: Understanding the language, where it occurs, what it looks like and how to respond Children and young people who have displayed harmful sexual behaviour require adults to better understand and meet their needs and addressing this issue is critical to intervening in child sexual abuse. Guided by the expertise of four key speakers, this introductory conversation about harmful sexual behaviour will discuss the language used in relation to this behaviour, identify what harmful sexual behaviour is, where it occurs and what to do.
23-25 Nov Sydney	NEW 36th National Conference of the Australian Institute of Interpreters and Translators: Building bridges, strengthening alliances: Translation and interpreting in today's connected world offers presenters and participants the opportunity to discuss issues related to research, professional practice, and translation and interpreting in public services and other domains.
23-25 Nov Melbourne	Mercy Perinatal Global Obstetrics Update 2023 follow link for full program of speakers.



INFO Share

08 November 2023

November 2023	
23-24 Nov Melbourne	NEW 2023 National Settlement Conference: <i>Building the future together</i> bringing together a wide audience to discuss how to optimise Australia's social infrastructure so that all people of migrant and refugee backgrounds belong, thrive and have fulfilling lives.
27-29 Nov Adelaide	23rd Successes and Failures in Telehealth (SFT) conference will highlight achievements and challenges in the evolving field of telehealth and digital healthcare.
27-29 Nov Hobart	Stop Domestic Violence Conference will explore the current issues facing the sector and brainstorm new initiatives so we can make our communities safer and work toward the goal of eradicating domestic, family and sexual violence in a generation.
27-28 Nov Canberra	NEW 2023 MYAN National Multicultural Youth Conference: <i>Navigating Journeys, Empowering Voices</i> provides a platform for conversations and collaborative solutions to support the successful settlement and active participation of young people from refugee and migrant backgrounds.
27-30 Nov Melbourne	Circle of Security in-person Parenting Facilitator Training 4-Day seminar trains professionals to use an eight-chapter DVD/USB and online materials to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction zero to five years, healthy options in caregiving, and animated graphics designed to clarify principles central to COS.
29 Nov Online	STARTTS' 2023 Annual Research Symposium aims to summarise the latest information and research in the field of refugee trauma; ranging from advances in neuroscience and impacts of torture and trauma to the newest findings on clinical implications, interventions, and outcomes.
30 Nov Online	NEW National C the Whole Story Forum: Hepatitis C in Housing and Homelessness, Mental Health and AOD Settings brings together Nurses, Community-based workers, NSP Workers, and Peer Workers from around Australia to share experiences, strategies for success, and approaches to providing treatment to people living with hepatitis C in housing and homelessness, alcohol and other drugs, and mental health settings.

December 2023	
11 Dec Online	NEW Primary health strategies for working with children who present with ADHD concerns This webinar aims to support participants to develop a wholistic understanding of ADHD and highlight primary health strategies that support effectively working with children who exhibit ADHD behaviours.

February 2024	
7 & 14 Feb Sydney	Save the Date SESLHD Early Parenting Program: Group Skills Training for Early Parenting Educators two-day interactive workshop provides baseline training for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists, and Childbirth Educators providing antenatal and early parenting education to women, partners and families. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details available December 2023 and Tracey.Rayner@health.nsw.gov.au or Helen.Rogers@health.nsw.gov.au



INFO Share

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February 2024

21-25 Feb Melbourne	Lamaze Certified Childbirth Educator training Lamaze International is the leading provider of childbirth certification education programs that teach healthy birth practices and prepare educators to teach with skill and confidence. Courses offered in Melbourne, Sydney, Brisbane and Live online.
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April 2024

5-10 Apr Christchurch, New Zealand	Perinatal Society Australia and New Zealand (PSANZ) 2024: “Whiria te Tāngata - Weave our people together” represents the collaborative and multidisciplinary nature of PSANZ, woven together by their collective goal to improve the hauora (wellbeing) of wāhine (mother) and pēpi (baby).
10 Apr Sydney	Save the Date SESLHD Early Parenting Program: Advanced Group Skills Training for Early Parenting Educators designed for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists and Independent Childbirth Educators who are currently facilitating groups, and who have completed the 2-day SESLHD Group Skills Facilitator training and 30 hours of facilitation. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details available December 2023 and Tracey.Rayner@health.nsw.gov.au or Helen.Rogers@health.nsw.gov.au

May 2024

16-17 Apr Melbourne 7 Online	NEW Australian Fatherhood Research Symposium 2024 annual opportunity for researchers to build and consolidate collaborations with other researchers and practitioners who work with fathers. The event is co-hosted by Deakin University (Centre for Social and Early Emotional Development) and University of Newcastle (Family Action Centre). Keynote presentations and snapshot summaries that showcase research and father-inclusive programs from around Australia.
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June 2024

11-14 Jun Melbourne	AIFS Conference: Families Thriving? Asking big questions. Influencing change Aims to share research, foster conversations on the big challenges and emerging issues, and build cross-sector capability to bring about positive change in family wellbeing and reduce gambling harms.
12-16 Jun Sydney	Lamaze Certified Childbirth Educator training Lamaze International is the leading provider of childbirth certification education programs that teach healthy birth practices and prepare educators to teach with skill and confidence. Courses offered in Melbourne, Sydney, Brisbane and Live online.



INFO Share

08 November 2023

September 2024

<p>4 & 11 Sep Sydney</p>	<p>Save the Date SESLHD Early Parenting Program: Group Skills Training for Early Parenting Educators two-day interactive workshop provides baseline training for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists, and Childbirth Educators providing antenatal and early parenting education to women, partners and families. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details available December 2023 and Tracey.Rayner@health.nsw.gov.au or Helen.Rogers@health.nsw.gov.au</p>
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October 2024

<p>4, 5, 6, 12 & 13 Oct Online</p>	<p>Lamaze Certified Childbirth Educator training Lamaze International is the leading provider of childbirth certification education programs that teach healthy birth practices and prepare educators to teach with skill and confidence. Courses offered in Melbourne, Sydney, Brisbane and Live online.</p>
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November 2024

<p>16 Nov Sydney</p>	<p>Save the Date SESLHD Early Parenting Program: Advanced Group Skills Training for Early Parenting Educators designed for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists and Independent Childbirth Educators who are currently facilitating groups, and who have completed the 2-day SESLHD Group Skills Facilitator training and 30 hours of facilitation. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details available December 2023 and Tracey.Rayner@health.nsw.gov.au or Helen.Rogers@health.nsw.gov.au</p>
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INFO Share

08 November 2023

TRAINING ORGANISATIONS 2023

Albion Centre	The Albion Centre training in HIV, Hepatitis and infection control management, treatment, care, prevention, and education.
AMaRE: Advanced Maternal and Reproductive Education	AMaRE provider of PIMS (Preparation in Maternity Safety), ALSO PART 2 – AIMS (Advancing in Maternity Safety), and BABE (Become A Breech Expert) courses.
Association of Children’s Welfare Agencies (ACWA)	ACWA training opportunities for people working with vulnerable children, young people, and families.
Australian College of Midwives (ACM)	ACM eLearning courses, events and endorsed activities.
Ausmed	Ausmed wide range of online CPD for health professionals for an annual subscription.
Australasian Society for HIV Medicine (ASHM)	ASHM training in HIV, viral hepatitis and STIs developed and delivered by clinical experts, experienced trainers and people living with HIV/AIDS and/or hepatitis.
Birth International	Birth International workshops focused on protecting, supporting, and promoting midwifery.
Blue Knot Foundation	Blue Knot professional development workshops on trauma-informed care and practice, working with people with complex trauma histories, vicarious trauma, and more.
Breastfeeding Conferences	Breastfeeding conferences educational opportunities in a variety of formats.
Calmbirth Education Program	Calmbirth Courses Australia's highly acclaimed childbirth education program.
Centre for Community Child Health	Centre for Community Child Health provide Family Partnership Training Foundation Course, Infant Sleep Training, Linking Schools and Early Years, and PEDS (Parents’ Evaluation of Developmental Status).
Centre for Genetics Education	Centre for Genetics Education professional development opportunities for health professionals, including online first trimester screening training.
Children by Choice	Children by Choice professional development on pregnancy options, reproductive coercion and abuse, and post abortion counselling.
Clinical Information Portal (CIAP)	CIAP Online Workshops free online workshops provided by NSW Government.
Centre of Perinatal Excellence (COPE)	COPE online training in perinatal mental health and perinatal loss.
Emerging Minds	Emerging Minds Learning free online training courses to support children’s mental health and wellbeing.
edX (online)	EdX FREE online courses from international universities and specialist organisations.



INFO Share

08 November 2023

TRAINING ORGANISATIONS 2023

Education Centre Against Violence (ECAV) NSW Health	ECAV training, consultancy and resource development for workers who provide services to children and adults who have experienced abuse, neglect, family violence or sexual assault.
Alberta Family Wellness Initiative	The Alberta Brain Story brain development and its connection to mental health course.
Emerging Minds	Emerging Minds online training to help develop and build workforce capacity to support mental health outcomes for children aged 0-12 years old.
Ethnic Community Services Co-operative (ECSC)	Ethnic Community Services Co-operative range of training packages that focus on various aspects of cultural competency for managers and practitioners.
Family Planning NSW	Family Planning NSW courses on reproductive and sexual health.
Foundation House	Foundation House provides various blended courses, workshops, and webinars aiming to enrich practice for practitioners working with people from refugee backgrounds.
Future Learn	Future Learn online courses from international universities and specialist organisations.
Groupwork Solutions	Groupwork Solutions specialises in practice skills, resource development, working with men, strength-based approaches, and creative group work.
International Association of Infant Massage	The International Association of Infant Massage Instructor Training Program
Karitane	Karitane offer parent-child interaction therapy, family partnership training, toddler sleep and settling, brain development and toddler workshops.
NAPCAN National Association for Prevention of Child Abuse and Neglect	NAPCAN Training Calendar has more than 50 workshops, including Love Bites Respectful Relationships Education Facilitator Training, Creating Child Safe Organisation, and 7 Steps to Safety, and Reframing Parenting.
NSW Nurses & Midwives Association	NSW Nurses & Midwives Association courses, forums and workshops for members and non-members.
Parent-Infant Research Institute	Parent-Infant Research Institute (PIRI) workshops for health professionals.
Perinatal Loss Centre	Perinatal Loss Centre Online and face to face training in line with National and International best practice guidelines in bereavement care.
Red Nose	Red Nose Grief and Loss training designed to build the skills of people who interact with bereaved families and clients.
Safe Sleep Space	Safe Sleep Space Master Classes for Health Professionals training for healthcare professionals on infant and toddler sleep settling, safe sleeping and nutrition.
Tresillian	Tresillian NCAST Parent Child Interaction (PCI) Assessment, Key to Caregiving and infant mental health workshops, and more.
Zedu Ultrasound Training Solutions	Early Pregnancy Assessment for Nurses & Midwives practical and theoretical knowledge to perform and understand early pregnancy ultrasound examinations.



SCHOLARSHIPS

Australian College of Midwives	Australian College of Midwives Scholarships vary in amount and criteria from branch to branch.
Australian College of Nursing	Australian College of Nursing offer a range of grants open to Fellows and Members who wish to undertake further study. The grants provide opportunities for members to undertake further study at diploma or masters' level.
Health Education and Training (HETI)	HETI Scholarships and grants provide a number of opportunities for access to education in areas of need.
Australian Rotary Health	Australian Rotary Health Indigenous Health Scholarships one off \$5,000 grant to assist students with their day-to-day expenses and provide mentoring support while they undertake a course in a wide range of health-related professions.
Nursing and Allied Health Scholarship and Support Scheme	Nursing and Allied Health Scholarship and Support Scheme Australian Government initiative to assist nurses, midwives, and allied health professionals to further their careers through short courses, workshops, conferences, or re-entry courses.
NSW Health Nursing and Midwifery Office	Nursing & Midwifery Scholarships NSW Health Nursing and Midwifery Scholarship Fund offers a range of scholarships to support professional development, and to recruit and retain nurses and midwives within the NSW public health system.
NSW Nurses & Midwives Association	NSW Nurses & Midwives Association offer several scholarships throughout the year that are open to Members of the NSW Nurses and Midwives' Association.
The Heart Foundation	The Heart Foundation Scholarships support study for a research degree (PhD or Masters) in any area of research that is relevant to cardiovascular health (including biomedical, clinical, public health and health services research).