



## INFO Share

**05 September 2023**

This consolidated list of resources, information and professional development opportunities is compiled from multiple sources by the Early Parenting Program of Child, Youth & Families Services, South Eastern Sydney Local Health District.

To access additional information outlined in the INFO Share you will need internet access.

New additions to the conference and workshop calendar from previous months are highlighted as **NEW**.

**Any queries about events should be directed to the contact person listed in the description.**

If you would like an event, conference or workshop included please contact [Helen.Rogers@health.nsw.gov.au](mailto:Helen.Rogers@health.nsw.gov.au)

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### NEWSLETTERS

Australian Institute of Family Studies [16 Aug](#) / [30 Aug](#) 2023

ARACY: Australian Research Alliance for Children & Youth [04 Aug](#) / [11 Aug](#) / [18 Aug](#) / [25 Aug](#) / [01 Sep](#) 2023

International Journal of Birth and Parent Education [Vol 10 Issue 4 2023](#)

### Events

[National Child Protection Week: 3-9 September](#) – *Every child, in every community, needs a fair go. “Where we start matters...”* Organised by the National Association for Prevention of Child Abuse and Neglect (NAPCAN). [More>](#)

[Multicultural Health Week 4-10 September](#) celebrated across NSW each year to raise awareness of health issues experienced by culturally and linguistically diverse (CALD) communities and explore ways of addressing these issues. This year's theme is, *Celebrate Culture Through Movement: Every Move Counts* - a reminder that being physically active not only enhances health and wellbeing but also fosters a stronger bond with one's culture, celebrated through movement. [More>](#)

[Women's Health Week 4-9 September](#) led by Jean Hailes for Women's Health - aims to increase awareness and education of women's health topics including pelvic pain, endometriosis, and menopause, and encourage community participation in health checks and screenings. This year's theme, 'Grow your knowledge' aims to make women's health information easier to understand. [More>](#)

### Open for Consultation

[Equity, accessibility and appropriate delivery of outpatient and community mental health care in NSW](#) The Parliament of NSW is seeking written submissions about individual health care experiences that will inform its inquiry and report about the equity, accessibility, and delivery of outpatient and community mental health care in NSW. Submissions close **6 September 2023**. [More>](#)

[Care Around Stillbirth and Neonatal Death Clinical Practice Guideline](#) Perinatal Society of Australia and New Zealand (PSANZ), the Stillbirth CRE latest edition of the Care Around Stillbirth and Neonatal Death (CASaND) Clinical Practice Guideline is open for public consultation. Submissions close **19 September 2023**. [More>](#)



**Health**  
South Eastern Sydney  
Local Health District

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### Open for Consultation

[Draft Guideline in Development: Follow-Up Care for Young Children Born Very Preterm](#) Organisations and members of the public with an interest in follow-up in infants born very preterm are invited to submit comments and suggestions on the draft guideline. Submissions close **24 September 2023**. [More>](#)

[Consultation on Women's Health](#) The National Women's Health Advisory Council wants to hear from women, experts, healthcare representatives and peak stakeholder groups to better understand the unique barriers and gender bias women face in Australia's healthcare system. The survey is available in 17 languages and closes 13 October 2023. [More>](#)

## NEW RESOURCES & PUBLICATIONS

### Aboriginal and Torres Strait Islander Communities

[Closing the health gap in Central Australia: reduction in Indigenous Australian inpatient self-discharge rates following routine collaboration with Aboriginal Health Workers](#) Indigenous Australians experience significant socioeconomic disadvantage and healthcare disparity compared to non-Indigenous Australians. This retrospective cohort study aims to describe the association between rates of self-discharge in Indigenous orthopaedic patients and the introduction of routine Aboriginal Liaison Officers within the Orthopaedic multi-disciplinary team (MDT). [More>](#)

[Health checks booklet for Aboriginal and Torres Strait Islander women and girls](#) Jean Hailes worked with Aboriginal and Torres Strait Islander women and their health professionals to ensure resources are culturally appropriate, relevant, and accessible. [More>](#)

['Emu Men': a new way to recognise and celebrate Indigenous fathers](#) For many Indigenous peoples, extended family members such as grandfathers, uncles, brothers, cousins, and friends can share the father role for children. In this article, Bhiemie Williamson explores the multifaceted nature of fatherhood for Aboriginal people and provides historical accounts of colonisers having observed these family systems as far back as the late 1700s. However, the impacts of colonisation negatively impacted Indigenous families, through the Stolen Generations, introduction of diseases, frontier conflicts, and the forced removal of people from their respective Countries. [More>](#)

[High levels of food insecurity in NSW Aboriginal communities](#) Food insecurity in NSW Aboriginal communities is a far greater issue than previously realised, with 97% of surveyed households affected, according to authors of a new report using data from Aboriginal-led research in urban, regional and remote communities. [More>](#)

["The most culturally safe training I've ever had": the co-design of a culturally safe Managing hepatitis B training course with and for the Aboriginal health workforce of the Northern Territory of Australia](#) The Aboriginal health workforce provide responsive, culturally safe health care. We aimed to co-design a culturally safe course with and for the Aboriginal health workforce. This study describes the factors which led to the successful co-design, delivery, and evaluation of the "Managing hepatitis B" course for the Aboriginal health workforce. [More>](#)

### Maternal Health, Pregnancy and Birth

[Updated National Perinatal Mental Health Guideline](#) 2023 revision of the Clinical Practice Guideline on Effective Mental Health Care in the Perinatal Period completed by The Centre of Perinatal Excellence (COPE). New additions to the 2023 Guideline include screening and psychosocial assessment for fathers and non-birthing partners, and the management of psychological birth trauma. [More>](#)



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### Maternal Health, Pregnancy and Birth

[Six pregnancy terms you probably won't hear again, including 'high risk' and 'failed'](#) Medical terminology evolves alongside our understanding of medicine. As time goes by, new terms are adopted while others are abandoned. In 2020, the UK Royal College of Midwives launched an initiative to discover the impact language has on women. The aim of the Re:Birth project was to find language around pregnancy that could be understood both by people delivering maternity care and those receiving it. [More>](#)

[1 in 6 women are diagnosed with gestational diabetes. But this diagnosis may not benefit them or their babies](#) This article in *The Conversation* discusses the criteria developed in 2010 which dropped an initial screening test and lowered the diagnostic set-points. Gestational diabetes diagnoses have since more than doubled. Recent studies cast doubt on the ways diagnosis criteria and management of gestational diabetes. [More>](#)

[Treatment of Gestational Diabetes Mellitus Diagnosed Early in Pregnancy](#) this multi-centre randomised controlled trial examines whether treatment of gestational diabetes before 20 weeks' gestation improves maternal and infant health. The primary outcome was a composite of neonatal adverse outcomes including perinatal death, prematurity (<37 weeks), birthweight  $\geq 4.5\text{kg}$ , shoulder dystocia, neonatal respiratory distress, and need for phototherapy. Secondary outcomes included maternal pregnancy-related hypertension and neonatal lean body mass as a marker for fetal undernutrition. [More>](#)

[Use and Preferences of Health Apps among Women and Healthcare Professionals Regarding GDM Postpartum Care Related to Diet, Physical Activity, and Weight Management: A Cross-Sectional Survey](#) Gestational Diabetes Mellitus (GDM) is a common medical complication of pregnancy, which is associated with increased risk of future diabetes. mHealth (mobile health, in this paper applications abbreviated to apps) can facilitate health modifications to decrease future risks. This study aims to understand mHealth app use and preferences among women with past GDM and healthcare professionals (HCP) in Australia. [More>](#)

[A systematic review of interventions to increase the use of smoking cessation services for women who smoke during pregnancy](#) Although many pregnant women accept referrals to stop-smoking support, the uptake of appointments often remains low. The aim was to review the success of interventions to increase the uptake of external stop-smoking appointments following health professional referrals in pregnancy. [More>](#)

[Perinatal outcomes among Indian-born mothers in Australia](#) This retrospective cohort study investigated all births in Australia in 2012 and those in the Monash Health Birthing Outcomes System (BOS) 2014 to Indian-born mothers in Australia. Indian-born mothers in Australia are at increased risk of induced labour, emergency caesarean section, very preterm birth (20–27 weeks), babies with low to very low birth weight, and low Apgar score (0–2) at 5 min, gestational diabetes, hypothyroidism, iron deficiency anaemia and vitamin B12 deficiencies compared to other mothers giving birth in Australia. [More>](#)

[The needs of women experiencing perinatal loss: A qualitative systematic review and meta-synthesis](#) Perinatal loss has profound psychosocial effects. The misconceptions and prejudices existing in the public, the lack of satisfactory clinical care, and the available social support may all increase the negative impact. This study aims to synthesise evidence for the needs of women experiencing perinatal loss, attempt to explain the findings, and provide insights into the application of evidence. [More](#)



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### Maternal Health, Pregnancy and Birth

[Validation of the culturally adapted Edinburgh postpartum depression scale \(EPDS\) among east Asian, southeast Asian and south Asian populations: A scoping review](#) Assessing the relevance of the EPDS as a screening tool for ethnic populations is pertinent for ensuring culturally appropriate care. This scoping review aimed to explore what is known about the cultural adaptations of the EPDS in antepartum and postpartum mothers and fathers in East Asian, Southeast Asian and South Asian populations, and to what extent these adaptations are able to accurately screen for postpartum depression symptoms among these cultural groups. [More>](#)

[Engaging culturally diverse fathers in maternal and family healthcare: Experiences and perspectives of healthcare professionals](#) Australian maternal, family and child services increasingly espouse the value of being 'father-inclusive'. However, fathers report feeling excluded or marginalised during healthcare visits with their partners/infants, and experience barriers to engaging in perinatal healthcare at the community, individual and healthcare service level. These barriers may be amplified in men who are from culturally and linguistically diverse (CALD) backgrounds. [More>](#)

### Child and Family Health and Wellbeing

[Australia has had school nurses for more than 100 years – but we don't use them enough](#) Despite Australia having school nurses for over a century, their potential remains underutilised. Their vital contributions span health care, chronic disease management, coordinating care, reducing absenteeism, and beyond. [More>](#)

[Screen time is contributing to chronic sleep deprivation in tweens and teens – a pediatric sleep expert explains how critical sleep is to kids' mental health](#) A growing body of research is finding strong links between sleep, mental health and screen time in teens and tweens. And it is a vicious cycle: Both a lack of sleep and the heightened activity involved in the consumption of social media and video games before bedtime can exacerbate or even trigger anxiety and depression that warrant intervention. [More>](#)

[The association of breast feeding for at least six months with hemodynamic and metabolic health of women and their children aged three years: an observational cohort study](#) Breastfeeding is important for both mother and child in reducing risk of future cardiovascular disease. Therefore, it may be an effective method to improve cardio-metabolic health, particularly those who are exposed to pregnancy complications which increase later CVD risk for both mother and child. The aim of this study was to assess differences in cardiometabolic health at three years postpartum in mothers who breastfed for at least six months and their children compared to those who did not. [More>](#)

[Practice skills to promote infant and parent mental health in the first twelve months of life](#) webinar recording exploring assessment strategies that are responsive to a family's psychosocial context and the evolving parent-child relationship. Learn how to engage reflectively with parents, enabling you to notice, describe and respond to their infants' and toddlers' communication cues, emotional experiences, and caregiving needs. [More>](#)

[Increase in invasive group A streptococcal disease among Australian children coinciding with northern hemisphere surges](#) Increases in invasive group A streptococcal disease (iGAS) have recently been reported in multiple countries in the northern hemisphere, occurring during, and outside of, typical spring peaks. This study reports the epidemiology of iGAS among children in Australia from 1 July 2018 to 31 December 2022. [More>](#)



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### Women's, Sexual and Reproductive Health

[HPV vaccine explained for parents and guardians](#) All students aged 12–13 are offered the HPV vaccine for free in schools as part of the National Immunisation Program. This video explains the importance of the HPV vaccine. [More>](#)

[Genetic testing and hereditary ovarian cancer](#) Ovarian Cancer Australia fact sheets provide information for those who have a biological family member with an ovarian cancer diagnosis, how this may impact a family member's risk of developing cancer, and where they can find further information and guidance. [More>](#)

[Don't fool around with syphilis](#) Australian Government Campaign developed in response to the syphilis outbreak that began impacting large parts of the country in late 2020. It aims to raise awareness about syphilis and share information about how syphilis is transmitted, prevented, and treated. [More>](#)

[Cervical Screening Training for Midwives](#) Enhance knowledge, technique and confidence in cervical screening with this blended learning course comprising online learning and clinical practice workshop led by Family Planning Australia clinicians. The training includes detailed understanding of all aspects of the program, including discussing the choices available for participants, addressing their questions and explaining/managing any follow-up after self-collection, as well as the practical skills for clinician-collection. [More>](#)

[Health checks for women poster](#) Not sure if health checks are up to date, this guide details the health checks women need, and when to get them. [More>](#)

[Global and regional estimates of genital human papillomavirus \(HPV\) prevalence among men: a systematic review and meta-analysis](#) The epidemiology of HPV in women has been well documented. Less is known about the epidemiology of HPV in men. This study aims to provide updated global and regional pooled overall, type-specific, and age-specific prevalence estimates of genital HPV infection in men. [More>](#)

### Multicultural Health + Translated Resources

[Edinburgh Depression Scale - Antenatal](#) Translations recently reviewed and validated by Western Sydney Local Health District Translation Services. Available in 20 languages. [More>](#)

[Edinburgh Postnatal Depression Scale \(EPDS\)](#) Translations recently reviewed and validated by Western Sydney Local Health District Translation Services. Available in 20 languages. [More>](#)

Raising Children Network translated Newborn Development Tracker resources into Easy English and other languages. These resources are designed to aid parents in tracking their newborn's growth and identify potential developmental concerns.

- [0-1 month: newborn development](#)
- [1-2 months: newborn development](#)
- [2-3 months: newborn development](#)
- [3-4 months: newborn development](#)
- [4-5 months: baby development](#)

[Wellbeing for you and your baby \(video\) for expectant or new parents](#) English version with subtitles now available in Bahasa Indonesia, Mongolian, Portuguese, Spanish and Thai. [More>](#)



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### Multicultural Health + Translated Resources

[What to do if your child is sick video](#) Information includes: Call TIS National anytime on 131 450 to talk to a nurse in your language. Ask to be put through to HealthDirect for free advice. Otherwise, contact your local doctor. In an emergency, call Triple Zero (000). Available in Arabic, Chinese (Traditional and Simplified), Farsi, French, Hindi, Punjabi, Spanish, Tamil, and Thai. [More>](#)

[Childhood immunisation translated resources](#) The Department of Health and Aged Care translated versions of resources for its 'One more way you keep them safe' childhood immunisation campaign. Available in Arabic, Assyrian, Chinese Simplified, Chinese Traditional, Karen, Khmer, Korean, Hazaragi, Thai, and Vietnamese. [More>](#)

[Who can give me care for hepatitis B?](#) resource from Hepatitis Australia developed for people who have hepatitis B; details different types of doctors that can treat hepatitis B. Available in [English](#), [Chinese](#), [Vietnamese](#), and [Korean](#). [More>](#)

[Me, my baby and hepatitis B](#) This booklet supports the discussion between pregnant women with hepatitis B and health workers. [More>](#)

[Influenza fact sheet](#) developed by NSW Health, describes types of human influenza viruses, severity, symptoms, referral options. Available in Arabic, Chinese (Simplified), Farsi, Korean, Nepali, and Vietnamese. [More>](#)

[Flu in kids can be serious \(video\)](#) developed by Sydney Childrens Hospitals Network. Available in Arabic, Chinese (Simplified and Traditional), Farsi, French, Hindi, Punjabi, Spanish, Tamil, and Thai. [More>](#)

Jean Hailes Easy Read resources developed with the help of individuals who find complex information challenging, including people with disability. Feedback from people with disability and their carers was used to choose the topics:

- [Vulval and vaginal health](#)
- [Cervical screening test](#)
- [Health checks for women](#)
- [Anxiety fact sheet](#)
- [Periods and heavy bleeding](#)

[Understanding children's mental health in culturally diverse communities](#) Emerging Minds free online course introduces four key domains for professionals to consider when working with families from a culture different to their own. It features video interviews with practitioners and parents from culturally and linguistically diverse communities, along with reflection activities designed to apply the information to practice. [More>](#)

[Vaping Factsheets](#) developed by Queensland Government, includes information, social media tiles and posters on health risks of vaping, what you should know about vaping. Available in Arabic, Burmese, Dari, Karen, and Persian. [More>](#)

### Domestic and Family Violence, Sexual Assault and Child Protection

[Fast Facts on Family and Gender-based Violence 2023 A guide for prevention practitioners](#) guide developed by Safe and Equal, provides an overview of statistics and key facts related to experiences and impacts of family and gender-based violence, and changing social attitudes towards these occurrences. It includes links to additional relevant resources. [More>](#)



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### Domestic and Family Violence, Sexual Assault and Child Protection

[BlueKnot Understanding Trauma and Abuse resources](#) People with experiences of complex trauma, as well as people who work with them and support them have contributed to developing this information and resources. Also includes insights from current research and best practice to become informed about trauma and abuse. [More>](#)

### Immunisation, Influenza and COVID-19

[Routine Childhood Immunisation - health professionals' kit](#) designed to support conversations with parents and carers about childhood immunisation. [More>](#)

[MatterofVax podcast Immunisation Foundation of Australia](#) explores vaccine-preventable diseases, including meningococcal, pneumococcal, human papillomavirus, influenza, and shingles, with the help of some of Australia's leading infectious diseases experts. [More>](#)

### And more

[The First 2000 days learning module for NSW Health staff](#) From conception to age 5, what happens to children in the first 2000 days has been shown to have significant impact throughout life. It's a critical time for physical, cognitive, social, and emotional health. This module uses current evidence and strategies to work collaboratively with children and their families to promote health, wellbeing, capacity, and resilience during the first 2000 days, and available pathways for additional services and specialised care when required by children and their families. [More>](#)

[Understanding brain development](#) This course will provide an increased awareness, knowledge, and understanding of foundational concepts about developmental neuroscience (brain development). It includes information on strategic framing, best practice and 'what works examples' to improve children's development and wellbeing. [More>](#)

[Who gets to be healthy? The 'social determinants of health' can reduce inequities, but many policies neglect them](#) The social determinants of health is the notion that a person's health is influenced not just by what they eat or do but also by social factors such as education, income, and access to housing and it's during childhood that these factors start greatly influencing a person's life trajectory. [More>](#)

[Patients' experiences of virtual care in 2022](#) The Bureau of Health Information (BHI) Virtual Care Survey 2022 reflects the experiences of 2,301 patients who had at least one virtual care appointment, via telephone or video call, with a public hospital outpatient clinic in November or December 2022. [More>](#)

[Public Dental Services in Australia](#) Approximately 1 in 3 Australians are eligible for public dental care, however the waiting list to receive treatment can be very long, sometimes years. This website provides a listing of available services. [More>](#)

[Healthdirect Service Finder](#) is a digital tool that gives quick and easy access to a directory of health services and providers. Key functionality for users, including healthcare professionals, includes:

- Search and guided search for over 300,000 health services.
- Available in 16 languages.
- Available real-time click-to-book appointments at influenza vaccination clinics and Commonwealth funded COVID-19 vaccination services.
- Filterable by preferences for services that offer bulk-billing, telehealth appointments, wheelchair accessibility and [More>](#)



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**CONFERENCE AND WORKSHOP CALENDAR**

<b>September 2023</b>	
Sep-30 Sep Online	<a href="#">Broken Sleep?</a> this 13-hour webinar which will explore all facets of infant sleep and offer an exploration of the theory of infant sleep, practical strategies for supporting parents with infant sleep and breastfeeding, including effective communication, factors influencing family sleep arrangements and sleep patterns in babies.
Sep-31 Oct Online	<a href="#">Working with babies: Insights from the craniosacral field and beyond</a> this 6-hour webinar aims to deepen your work with babies and their families. Leaders in their fields will bring insights from craniosacral therapy, Bowen therapy, pre/perinatal psychology, polyvagal theory, body psychotherapy and integrated baby therapy.
3-4 Sep Sydney	<a href="#">Research Conference 'Becoming lifelong learners: Improving the continuity of learning from birth to 12 years'</a> the Australian Council for Educational Research (ACER) provides opportunities at the national level for reviewing current research-based knowledge in key areas of educational policy and practice, with the primary goal of informing educational policy and practice.
4-8 Sep Online	<b>NEW</b> <a href="#">National Child Protection Week webinar series</a> As part of National Child Protection Week 2023, NAPCAN are running a series of webinars which have been designed to extend the 'where we start matters' conversation through thoughtful discussions with innovative thinkers.
5 Sep Online	<a href="#">Ensuring healthcare in out of home care: Identifying and responding to the health needs of children and young people</a> will focus on the health and wellbeing of young people living in out-of-home care.
5-7 Sep Darwin	<a href="#">The SNAICC Conference "Voices at the Top – our children, our rights, our way"</a> will provide a safe space to learn, share and network about early childhood education and care, and child protection issues that impact Aboriginal and Torres Strait Islander families.
6 Sep Online	<b>NEW</b> <a href="#">Lloyd Cox Memorial Lecture 2023 "Maternal transmission - a tale of two genomes"</a> keynote speaker Professor Mary Herbert, pioneering researcher who combines basic biology with clinical research that is at the forefront of technology in reducing the risk of inherited mitochondrial disease.
6 Sep Online	<b>NEW</b> <a href="#">Preventing emotional abuse of children: The role of parenting support</a> This webinar will consider the role of parenting support in preventing and reducing emotional abuse in childhood and start conversations about emotional abuse with parents and children and assess the impact.
6 Sep Online	<b>NEW</b> <a href="#">Mercy Perinatal Critical Care at Twilight seminar</a> The increasing number of women who come into pregnancy with complex medical conditions, plus life-threatening complications of pregnancy means critical care colleagues are essential to providing high quality care.
7 Sep Online	<b>NEW</b> <a href="#">Improving Value in Healthcare-The Common Approach</a> will provide an overview of the Nest, Australia's wellbeing framework for children and young people. It will also introduce the Common Approach® and the importance of having quality wellbeing conversations with children, young people, and their families.
7-8 Sep Online	<a href="#">Accidental Counsellors: Responding to Refugee Trauma Related Distress and Crises</a> will cover the practicalities of how the accidental counsellor contributes to the client's recovery and empowerment, acts as a buffer against strong emotions, makes sure the person is okay in the moment and safe to leave the session, and offers immediate support, assistance, and appropriate referral.





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<b>September 2023</b>	
11-12 Sep Online	<a href="#">GOLD Learning Tongue-Tie Online Symposium 2023</a> Exploring the latest research, clinical skills, and emerging topics in the world of breastfeeding/chestfeeding and oral restrictions.
12 Sep Online	<a href="#">Health Literacy Hub 'Spotlight' Seminar Series on Disability (#2)</a> a panel will reflect on the relationship between health literacy and accessibility guidelines, and practical resources to improve accessibility of your health information.
12 Sep Online	<b>NEW</b> <a href="#">Addressing Masculinities and Working with Men to Prevent Violence Against Women</a> The Our Watch 'Men in focus' 2019 report identified the links between violence against women and socially dominant ideas of masculinity. In 2022, Our Watch developed a practice guide for addressing these masculinities and engaging men in the prevention of men's violence against women. This webinar will discuss how these resources are being used to inform the work of the family violence sector.
12-14 Sep Adelaide	<a href="#">ACM 2023 National Conference: Be the Change</a> hear from the innovators and leading researchers in Australia as well as an impressive line-up of keynote speakers.
13 Sep Online	<b>NEW</b> <a href="#">Sexual Health Week Webinar</a> will discuss how important it is to include sexual health when considering client's health.
13 Sep Sydney	<b>NEW</b> <a href="#">MedConnect   Closing the gender health gap</a> experts will talk about why there is a gender health gap and what changes and innovations need to be made to the way medicine is researched, funded and taught to ensure a fairer and healthier future for women.
13 Sep Online	<b>NEW</b> <a href="#">Supporting children and young people bereaved by domestic homicide webinar</a> will explore how to support children and young people bereaved by domestic homicide and provide insight into the short- and long- term impacts.
13 Sep Online	<b>NEW</b> <a href="#">Trauma-informed care: Therapies and approaches to improve your practice</a> this webinar aims to share the unique perspectives of practitioners from three different specialty areas as they explore new and creative ways to provide trauma-informed care in your daily practice.
15 Sep-15 Dec Online	<a href="#">iLactation Human Milk Magic 23rd online breastfeeding conference</a> will cover a range of topics to inform and guide clinical practice about breastfeeding, nutrition, and human lactation.
18-20 Sep Sydney	<a href="#">Australasian Sexual and Reproductive Health Conference: Shaking up sexual and reproductive health</a> Follow link for more details.
21 Sep Online	<b>NEW</b> <a href="#">Trauma-informed care: Therapies and approaches to improve your practice</a> This webinar will present unique perspectives on new and creative ways practitioners can provide trauma-informed care in daily practice.
21-22 Sep Sydney	<a href="#">The Sutherland Hospital and St George Hospital Maternity and Breastfeeding Conference</a> Follow link for more details.
22 Sep Online	<b>NEW</b> <a href="#">Vaccination for people with disability</a> this webinar will explore gaps, opportunities and advice relating to vaccinating people with disability. A panel will present data on vaccine coverage and vaccination service gaps for people with disability.
22 Sep Kiama	<b>NEW</b> <a href="#">South Coast Child Wellbeing Network Conference 2023 Being Supportive starts with being Supported – Exploring Grief, Loss and Wellbeing</a> In celebration of Child Protection Week, welcoming clinicians and other professionals who work in the field of child wellbeing and protection.



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<b>September 2023</b>	
22 Sep Online	<b>NEW</b> <a href="#">Supporting children and young people bereaved by domestic homicide</a> will explore how to support children and young people bereaved by domestic homicide and provide insight into short- and long- term impacts.
22 Sep Online	<b>NEW</b> <a href="#">Promoting Racial Resilience and Recovery in Children, Young People and Families with Experiences of Refugee Trauma and Racism</a> will address the impact of racism on children and young people who have refugee experiences. It will explore the effects of racial traumatic stress within the context of Australian racism, examining examples of racism across various layers of social interaction, including structural, systemic, interpersonal, and personal levels.
22 Sep Online	<a href="#">Promoting Racial Resilience and Recovery in Children, Young People and Families with Experiences of Refugee Trauma and Racism</a> This workshop traces the impact of racism on children and young people with refugee experiences. participants will consider the impacts of racial traumatic stress in the context of Australian racism, and identify examples of racism across structural, systemic, interpersonal, and personal layers of social interaction.
22-23 Sep Launceston & Online	<a href="#">The Australian Conference on Neurodevelopmental Disorders: Walking side by side</a> will present a positive view of neurodiversity, with an emphasis on building strengths with intention to foster interdependence by combining professional expertise across education and health with insights from lived experience.
25 Sep Online	<b>GOLD</b> <a href="#">Learning Early Years Online Symposium 2023</a> will delve into evidence-based continuing education for healthcare practitioners who work with families and young children aged 0-3 years. Stay abreast of the latest developments, so that they can facilitate healthy childhood environments that promote optimal brain development and mental wellbeing in infants and young children.
26 Sep Online	<b>NEW</b> <a href="#">Supporting children’s mental health when working with separated parents</a> will explore how practitioners who work outside of specialist family dispute resolution or counselling services can make children's wellbeing a central aspect of their conversations with parents' navigating separation and divorce.
27 Sep Online	<b>NEW</b> <a href="#">Making clinical research an integral role of the health workforce</a> Professor Caroline Homer AO, Deputy Director of Equity, Diversity and Inclusion at the Burnet Institute will discuss how the roles of nurses, midwives and the wider health workforce are being transformed by making clinical research an integral part of their positions.
27 Sep Online	<b>NEW</b> <a href="#">HETI Evaluation and Research Webcast Series</a> will showcase some of the most popular research published in the HETI ejournal, <a href="#">Health Education in Practice: Journal of Research for Professional Learning</a> . Presentations from the principal author of three research papers, discussing the evaluation of Aboriginal content in an undergraduate paramedicine degree, GP education on chronic pain management and medical students' knowledge, exposure, and attitude to telehealth.
27 Sep Online	<b>NEW</b> <a href="#">The Australian Child Maltreatment Study (ACMS): pathways to positive change</a> In April 2023, the ACMS was published, the study aimed to identify, the extent of child abuse in the Australian population. Professor Daryl Higgins, Director of the ACU Institute of Child Protection Studies and ACMS research team member and Rani Kumar, Deputy CEO of NAPCAN will discuss the findings and preventative actions that can be taken.



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<b>October 2023</b>	
3 Oct Online & Melbourne	<a href="#">Development and Trauma: Understanding the Life Trajectories of Survivors of Trauma</a> (Blended Course) Explores ways of working with individuals who have experienced torture and other traumatic experiences at different stages of their psychosocial and cognitive development, using a developmental approach.
5 Oct Melbourne	<a href="#">Trauma-informed Practice: An Organisational Systems Approach to Supporting Recovery</a> provides practitioners with an understanding of trauma-informed practice, and the essential processes and systems required to develop a trauma-informed organisation.
6-8 Oct Adelaide	<a href="#">Annual Scientific Meeting hosted by SOMANZ</a> presentations covering hepatic diseases during pregnancy, fresh perspectives on hyperemesis, as well as a round-up of the new and most recent clinical guidelines published by SOMANZ.
9 & 11 Oct Adelaide	<a href="#">3rd Australia and New Zealand Refugee Trauma Recovery in Resettlement Conference: "Holding Hope in an Uncertain World"</a> will discuss innovations in practice that enable people from refugee backgrounds to recover from trauma, how to sustain support to people and communities impacted by torture and its impacts.
9 & 11 Oct Melbourne	<a href="#">Evidence and Implementation Summit 2023</a> brings together experts from across the world to talk about their experiences in generating and implementing evidence for better policy and practice.
9, 16 & 30 Oct Online	<a href="#">Baby Makes 3 Group Program Facilitator Training</a> provides the knowledge, skills, and resources to enable practitioners to effectively co-facilitate and deliver the Baby Makes 3 (BM3) Group Program to new parents. This training is designed for organisations partnering with healthAbility to deliver the BM3 group-based program. For organisations that are not currently delivering the Baby Makes 3 group program and would like more information contact <a href="mailto:babymakes3@healthability.org.au">babymakes3@healthability.org.au</a>
10 Oct Online	<a href="#">Health Literacy Hub 'Spotlight' Seminar Series on Disability (#3)</a> a panel will reflect on the relationship between health literacy and accessibility guidelines, and practical resources to improve accessibility of your health information.
14 Oct Online	<a href="#">Mercy Perinatal Balancing Head &amp; Heart in Healthcare</a> practical strategies for the clinical coalface, for academic life, for managing ourselves and others- to lead with both head and heart.
16 Oct Online	<a href="#">GOLD Learning Labour &amp; Delivery Online Symposium 2023</a> will provide the latest evidence-based continuing education for health care professionals working with birthing families.
19 & 26 Oct Sydney	<a href="#">SESLHD Early Parenting Program: Group Skills Training for Early Parenting Educators</a> two-day interactive workshop provides baseline training for Midwives, Child and Family Health Nurses, Aboriginal Health Workers, Physiotherapists, and Childbirth Educators providing antenatal and early parenting education to women, partners, and families. The training is endorsed by Childbirth and Parenting Educators of Australia (CAPEA). Further details: <a href="mailto:Tracey.Rayner@health.nsw.gov.au">Tracey.Rayner@health.nsw.gov.au</a> or <a href="mailto:Helen.Rogers@health.nsw.gov.au">Helen.Rogers@health.nsw.gov.au</a>
20 Oct Terrigal, NSW	<b>NEW</b> <a href="#">The Big Catch-Up 2023 Immunise. Prevent. Protect</a> Build skills and knowledge relating to vaccines, vaccine communication, current research, and Australia's place in the global scene.
20-22 Oct & 28-29 Oct Online	<a href="#">Lamaze Certified Childbirth Educator training</a> Lamaze International is the leading provider of childbirth certification education programs that teach healthy birth practices and prepare educators to teach with skill and confidence. Courses offered in Melbourne, Sydney, Brisbane and Live online.



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**October 2023**

23-24 Oct Brisbane 7 Online	<a href="#">Annual National Stillbirth Forum: Working together to address stillbirth in Australia</a> includes the annual Equity and Diversity forum on 23 October and the annual National Stillbirth forum on 24 October. This forum provides an opportunity for parents, healthcare professionals, researchers, government representatives and advocates to come together and discuss the latest developments in stillbirth prevention, research, and support.
23-27 Oct Melbourne	<a href="#">Circle of Security (COS) Intensive - 5-Day Assessment Training</a> step 2 on the pathway to endorsement as a COS-Intensive provider.
24 Oct Online	<b>NEW</b> <a href="#">Drop the Jargon Day Webinar</a> will discuss How using plain language and teach-back together can help clients' understanding.
25-26 Oct Geelong	<a href="#">Australian Health Promotion Association (AHPA)</a> critical, timely and insightful conversations with leading thinkers on the conditions that shape the health and wellbeing of our people, places and planet and the global and local imperative for bold health promotion action.
26-27 Oct Sydney	<b>NEW</b> <a href="#">The Australian Translational Breast Cancer Research Symposium</a> will bring together the breast cancer research community, spanning basic and clinically focussed research for two days of updates in cutting-edge translational breast cancer research.
30 Oct-01 Nov Melbourne	<a href="#">International Forum on Quality and Safety in Healthcare</a> aims to inform and inspire healthcare leaders, practitioners, and client representatives towards a better, safer, and higher quality of care.
30 -31 Oct Melbourne & Online	<a href="#">Bridging the Divide</a> Participants will experience a diversity of practices, share aspirations, and partake in solutions for public education and its role in creating a just and inclusive society within an equity framework.

**November 2023**

2 Nov Online	<b>NEW</b> <a href="#">Breastfeeding Conference Breastfeeding Dynamics</a> will share knowledge and understanding of Breastfeeding and Human Lactation through engaging discussion, evidence-based research and practical insights, participants will gain valuable skills to support breastfeeding families.
2 Nov Online	<a href="#">Introduction to program evaluation</a> will help participants understand how to select the most appropriate approach when seeking to evaluate programs and policies. The focus will be on large-scale public-sector programs and the new methods used in their evaluation.
8-10 Nov	<a href="#">Australian Association of Adolescent Health 2023 Youth Health Conference: Solution Generation: Listen. Invest. Act.</a> Is an opportunity to come together with young people, researchers, health care professionals, academics, youth advocates and policy makers to network, share experience and showcase the latest findings, practices, and models of care in adolescent health.
9 Nov Melbourne	<a href="#">Introduction to Working with People from Refugee Backgrounds: Nurses and Allied Health Professionals</a> will explore potential pre-arrival experiences of people from refugee and asylum-seeking backgrounds, and the impact of those experiences on health and wellbeing in both early and longer-term settlement contexts.



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### November 2023

13 Nov Online	<a href="#">Gold World Prematurity Day Webinar "Tiny Fighters, Big Battles: Advancing the Landscape of Neonatal Pain Management"</a> opportunity to update knowledge of the latest research on neonatal pain and the current recommendations for best practice.
15 Nov Online	<a href="#">Working with Dads online workshop</a> practical advice and strategies to engage dads, father-figures, and families in positive and effective ways. Also available 16 August 2023.
20-23 Nov Melbourne	<a href="#">Circle of Security in-person Parenting Facilitator Training</a> 4-Day seminar trains professionals to use an eight-chapter DVD/USB and online materials to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction zero to five years, healthy options in caregiving, and animated graphics designed to clarify principles central to COS.
21-28 Nov Online	<a href="#">Applying a Gender Equality lens to Childbirth &amp; Parenting Education Training</a> opportunity to explore the gendered expectations of parenting and respectful relationships in the context of a family's transition to parenthood, understand the role of Antenatal and Maternity Services in challenging and disrupting expectations and promoting respectful relationships. This training is for Childbirth and Parenting Education Coordinators and Educators. Also available 23-30 August.
21-22 Nov Sydney	<a href="#">National Multicultural Health and Wellbeing Conference 2023: Our Cultures, Our Languages, Our Health</a> will address challenges, review best practices, and explore how to improve access to health and wellbeing services for Australia's culturally and linguistically diverse population.
23-25 Nov Melbourne	<a href="#">Mercy Perinatal Global Obstetrics Update 2023</a> follow link for full program of speakers.
16-17 Nov Adelaide	<a href="#">JBI IGNITE: two-day Methodology Symposium</a> designed to spark creativity and challenge thinking about the future of methodology and methods related to the production and use of evidence in healthcare policy and practice
27-29 Nov Adelaide	<a href="#">23<sup>rd</sup> Successes and Failures in Telehealth (SFT) conference</a> will highlight achievements and challenges in the evolving field of telehealth and digital healthcare.

### April 2024

5-10 Apr Christchurch, New Zealand	<b>Save the Date</b> <a href="#">Perinatal Society Australia and New Zealand (PSANZ) 2024: "Whiria te Tāngata - Weave our people together"</a> represents the collaborative and multidisciplinary nature of PSANZ, woven together by their collective goal to improve the hauora (wellbeing) of wāhine (mother) and pēpi (baby).
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### June 2024

11-14 Jun Melbourne	<b>Save the Date</b> <a href="#">AIFS Conference: Families Thriving? Asking big questions. Influencing change</a> Aims to share research, foster conversations on the big challenges and emerging issues, and build cross-sector capability to bring about positive change in family wellbeing and reduce gambling harms.
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## INFO Share

**05 September 2023**

### TRAINING ORGANISATIONS 2023

Albion Centre	<a href="#">The Albion Centre</a> training in HIV, Hepatitis and infection control management, treatment, care, prevention, and education.
AMaRE: Advanced Maternal and Reproductive Education	<a href="#">AMaRE</a> provider of PIMS (Preparation in Maternity Safety), ALSO PART 2 – AIMS (Advancing in Maternity Safety), and BABE (Become A Breech Expert) courses.
Association of Children’s Welfare Agencies (ACWA)	<a href="#">ACWA</a> training opportunities for people working with vulnerable children, young people, and families.
Australian College of Midwives (ACM)	<a href="#">ACM</a> eLearning courses, events and endorsed activities.
Ausmed	<a href="#">Ausmed</a> wide range of online CPD for health professionals for an annual subscription.
Australasian Society for HIV Medicine (ASHM)	<a href="#">ASHM</a> training in HIV, viral hepatitis and STIs developed and delivered by clinical experts, experienced trainers and people living with HIV/AIDS and/or hepatitis.
Birth International	<a href="#">Birth International</a> workshops focused on protecting, supporting, and promoting midwifery.
Blue Knot Foundation	<a href="#">Blue Knot</a> professional development workshops on trauma-informed care and practice, working with people with complex trauma histories, vicarious trauma, and more.
Breastfeeding Conferences	<a href="#">Breastfeeding conferences</a> educational opportunities in a variety of formats.
Calmbirth Education Program	<a href="#">Calmbirth Courses</a> Australia's highly acclaimed childbirth education program.
Centre for Community Child Health	<a href="#">Centre for Community Child Health</a> provide Family Partnership Training Foundation Course, Infant Sleep Training, Linking Schools and Early Years, and PEDS (Parents’ Evaluation of Developmental Status).
Centre for Genetics Education	<a href="#">Centre for Genetics Education</a> professional development opportunities for health professionals, including online first trimester screening training.
Children by Choice	<a href="#">Children by Choice</a> professional development on pregnancy options, reproductive coercion and abuse, and post abortion counselling.
Clinical Information Portal (CIAP)	<a href="#">CIAP Online Workshops</a> free online workshops provided by NSW Government.
Centre of Perinatal Excellence (COPE)	<a href="#">COPE</a> online training in perinatal mental health and perinatal loss.
Emerging Minds	<a href="#">Emerging Minds Learning</a> free online training courses to support children’s mental health and wellbeing.
edX (online)	<a href="#">EdX</a> FREE online courses from international universities and specialist organisations.



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### TRAINING ORGANISATIONS 2023

Education Centre Against Violence (ECAV) NSW Health	<a href="#">ECAV</a> training, consultancy and resource development for workers who provide services to children and adults who have experienced abuse, neglect, family violence or sexual assault.
Alberta Family Wellness Initiative	<a href="#">The Alberta Brain Story</a> brain development and its connection to mental health course.
Emerging Minds	<a href="#">Emerging Minds</a> online training to help develop and build workforce capacity to support mental health outcomes for children aged 0-12 years old.
Ethnic Community Services Co-operative (ECSC)	<a href="#">Ethnic Community Services Co-operative</a> range of training packages that focus on various aspects of cultural competency for managers and practitioners.
Family Planning NSW	<a href="#">Family Planning NSW</a> courses on reproductive and sexual health.
Foundation House	<a href="#">Foundation House</a> provides various blended courses, workshops, and webinars aiming to enrich practice for practitioners working with people from refugee backgrounds.
Future Learn	<a href="#">Future Learn</a> online courses from international universities and specialist organisations.
Groupwork Solutions	<a href="#">Groupwork Solutions</a> specialises in practice skills, resource development, working with men, strength-based approaches, and creative group work.
International Association of Infant Massage	<a href="#">The International Association of Infant Massage Instructor Training Program</a>
Karitane	<a href="#">Karitane</a> offer parent-child interaction therapy, family partnership training, toddler sleep and settling, brain development and toddler workshops.
NAPCAN National Association for Prevention of Child Abuse and Neglect	<a href="#">NAPCAN</a> Training Calendar has more than 50 workshops, including Love Bites Respectful Relationships Education Facilitator Training, Creating Child Safe Organisation, and 7 Steps to Safety, and Reframing Parenting.
NSW Nurses & Midwives Association	<a href="#">NSW Nurses &amp; Midwives Association</a> courses, forums and workshops for members and non-members.
Parent-Infant Research Institute	<a href="#">Parent-Infant Research Institute (PIRI)</a> workshops for health professionals.
Perinatal Loss Centre	<a href="#">Perinatal Loss Centre</a> Online and face to face training in line with National and International best practice guidelines in bereavement care.
Red Nose	<a href="#">Red Nose Grief and Loss training</a> designed to build the skills of people who interact with bereaved families and clients.
Safe Sleep Space	<a href="#">Safe Sleep Space Master Classes for Health Professionals</a> training for healthcare professionals on infant and toddler sleep settling, safe sleeping and nutrition.
Tresillian	<a href="#">Tresillian</a> NCAST Parent Child Interaction (PCI) Assessment, Key to Caregiving and infant mental health workshops, and more.
Zedu Ultrasound Training Solutions	<a href="#">Early Pregnancy Assessment for Nurses &amp; Midwives</a> practical and theoretical knowledge to perform and understand early pregnancy ultrasound examinations.



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### SCHOLARSHIPS

Australian College of Midwives	<a href="#">Australian College of Midwives</a> Scholarships vary in amount and criteria from branch to branch.
Australian College of Nursing	<a href="#">Australian College of Nursing</a> offer a range of grants open to Fellows and Members who wish to undertake further study. The grants provide opportunities for members to undertake further study at diploma or masters' level.
Health Education and Training (HETI)	<a href="#">HETI Scholarships and grants</a> provide a number of opportunities for access to education in areas of need.
Australian Rotary Health	<a href="#">Australian Rotary Health Indigenous Health Scholarships</a> one off \$5,000 grant to assist students with their day-to-day expenses and provide mentoring support while they undertake a course in a wide range of health-related professions.
Lions Nurses' Scholarship	<b>NEW</b> <a href="#">Lions Nurses' Scholarship</a> provides assistance to eligible applicants to attend a short course, conference or undertake a formal qualification in Australia or overseas. Applications open 1 August and close on 31 October each year.
Nursing and Allied Health Scholarship and Support Scheme	<a href="#">Nursing and Allied Health Scholarship and Support Scheme</a> Australian Government initiative to assist nurses, midwives, and allied health professionals to further their careers through short courses, workshops, conferences, or re-entry courses.
NSW Health Nursing and Midwifery Office	<a href="#">Nursing &amp; Midwifery Scholarships</a> NSW Health Nursing and Midwifery Scholarship Fund offers a range of scholarships to support professional development, and to recruit and retain nurses and midwives within the NSW public health system.
NSW Nurses & Midwives Association	<a href="#">NSW Nurses &amp; Midwives Association</a> offer several scholarships throughout the year that are open to Members of the NSW Nurses and Midwives' Association.
The Heart Foundation	<a href="#">The Heart Foundation Scholarships</a> support study for a research degree (PhD or Masters) in any area of research that is relevant to cardiovascular health (including biomedical, clinical, public health and health services research).